

## Families Anonymous™ World Service Board–Approved Literature Catalog – EFFECTIVE JULY 12, 2017

Families Anonymous, Inc. • 701 Lee Street • Suite 670 • Des Plaines, IL 60016

(800) 736-9805 (USA only) • (847) 294-5877 (Worldwide) • (847) 294-5837 (Fax) • Website: www.FamiliesAnonymous.org

E-mail: famanon@FamiliesAnonymous.org

**SPOTLIGHT!****... on the FA Website.**

Discover more about “Who We Are.” Read *The Twelve Step Rag* at “Latest News.” Buy literature and get free downloads at “Shop Literature.” Locate “Meetings” nearby or online.

**BOOKLETS, BOOKS AND PAMPHLETS**

**#1001 The FA Basic Pamphlet.** Every member’s first pamphlet. Contains FA’s Twelve Steps, Twelve Traditions, and the basic readings. **\$1.00** (1/2012†)

**#1002 A Guide for the Family of the Drug Abuser.** An in-depth look at drug abuse as a family illness; how to work towards recovery. **\$2.50** (8/2011†)

**#1003 A Father Faces Drug Abuse.** How one father, inspired by the *Helping* reading, worked the FA program to achieve family love and respect and to overcome desperation. **\$2.50**

**#1004 The Twelve Steps of FA.** A guide to basic FA principles as applied to specific personal and family problems. **\$3.25** (3/2011†)

**SPOTLIGHT!**

**#1004-AU The Twelve Steps of FA – AUDIO Edition.** Listen on your computer, laptop, tablet, or car radio. **NEW!** (5/2016)

Two formats available:

- **CD** (#1004-AU-CD): \$4.00
- **USB flash drive** (#1004-AU-USB): \$9.00

**SPOTLIGHT!****#1005 Alternative to Enabling: The Tough Love of FA.**

The study of FA’s concept of *tough love*. Discusses guilt, anger, and unhelpful protection. **\$3.25**  
**COMPLETELY REVISED!**  
(3/2017†)

**#1006 Fourth Step Workbook.** A how-to guide for taking your personal inventory. **\$2.75** (3/2011†)

**#1012 No More Expectations!** A mother describes how she gave up her old expectations of herself, her family and her Higher Power by working and living the FA program. **\$1.50** (10/2014†)

**#1013 A Recovering Addict Comes Home: One Family’s Story.** How a father used the FA program to deal successfully with his son’s homecoming from rehab. **\$3.35** (5/2012†)

**SPOTLIGHT!****#1015-EK Today A Better Way eBook for Kindle.**

Available for purchase through the Kindle Store.

**#1015-EP Today A Better Way eBook for iPad, iPhone, iPod, and Nook.**

Available for purchase through the iTunes Store and the Nook Store.

**NEW AND IMPROVED** electronic edition with **Interactive Table of Contents** and **Interactive Index**. (Replaces older edition.) Same low price of **\$7.99** (3/2016†)

**#1015 Today A Better Way (TABW).** FA’s member-written “daily thought” book; fully indexed, beautiful red cover, gold foil–stamped design, hard cover, 400 pages. **\$10.00** (2011†)

**SPOTLIGHT!****#1019 The Twelve Step Workbook.**

Personal workbook of writing exercises for Twelve Step recovery. (Now includes the full text of #1004.) **\$9.00**  
**COMPLETELY REVISED!**  
(3/2017†)

**#1020 FA and Sponsorship.** The ins-and-outs of sponsorship, and descriptions of the roles of sponsors and sponsees. **\$2.50** (3/2016†)

**#1021 “But She’s Too Young to be an Alcoholic...”** One mother’s story of her daughter’s alcoholism and how the family recovered. **\$1.75**

**#1024 Families in Crisis.** Helping families and friends cope with substance abusers’ behaviors. **\$2.75** (2014†)

**#1025 Gifts of the Spirit.** A guide for recognizing the gifts of Love, Joy, Peace, Patience, and more. **\$3.25** (2/2012†)

**#1026 What Do I Say?** A collection of suggested responses to use when on the phone with your loved one. **\$2.25** (11/2011†)

**#1027 Through Grief to Growth...The FA Way.** Enlightening information and personal stories of grief and recovery from losses due to the addiction or death of a loved one. **\$4.00** (9/2011†)

**#1028 Setting Boundaries: A Very Loving Thing to Do.** Need help with boundaries? Get some insight from this informative booklet. **\$3.75** (6/2011†)

\* Also available as a free download on the FA website.

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**SEE ORDER FORM FOR SHIPPING & HANDLING CHARGES. ALL LITERATURE SALES ARE FINAL. NO REFUNDS OR EXCHANGES EXCEPT FOR MATERIALS DAMAGED DURING SHIPMENT. PLEASE CONTACT THE WSO WITHIN 30 DAYS OF INVOICE FOR DETAILS.**

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**#1029 Tough Love—for Whom?** Insight into the real meaning of *tough love* and the benefits of change. **\$1.50** (new 2010)

**#1030 Dealing with Denial.** Aids in defining, recognizing, and resolving denial, with acceptance as a reward. **\$1.50** (new 2011)

**#1031 Grandparenting in Families with Addiction: A Mindful Act of Hope and Love.** Useful information and real-life stories to help grandparents assess and accept their own family situations and decide on actions to take. **\$4.25** (new 2014)

**#2003-1 Negatives to Positives: #1 in the Helping Series.** A supplement to the Helping reading (#2003). **\$1.75** (new 2012)

**#2003-2 Fear to Faith: #2 in the Helping Series.** A supplement to the Helping reading (#2003). **\$2.50** (new 2012)

### SHEETS, CARDS AND BOOKMARKS

(B)=Bookmark (C)=Card (L)=Laminated (SH)=Sheet

**#2001 FA's Do's and Don'ts.** A handy reminder of what to do and not do to keep your recovery strong. **(B) \$0.25**

**#2002 Just for Today.** Suggestions for coping "One Day at a Time." **(B) \$0.25** (1/2013†)

**#2003 Helping.** A concise guide for helping yourself and those you love. **(BL) \$0.75** (1/2012†)

**#2003-1 & #2003-2:** See above under "Booklets, Books and Pamphlets."

**#2004 FA and Me.** Suggestions for successfully relating to an abuser; companion piece to #1005. **(B) \$0.25** (2/2013†)

**#2006 I Am Responsible.** Working the Twelfth Step in a personal way. **(B) \$0.25** (1/2013†)

**#2007 An Open Letter to My Family.** An addict's viewpoint on how family members can avoid standing in the way of their loved one's recovery. **(SH) \$0.20\*** (4/2012†)

**#2008 The Serenity Prayer.** A card of encouragement to hand to someone in need. **(C) \$0.10** (8/2011†)

**#2010 About Drug Abuse.** An FA basic reading about the illness of drug abuse, drug dependence and addiction and what we can do to help both ourselves and the situation. **(B) \$0.25**

**#2011 The Twelve Promises of FA.** Describes the benefits of working the FA program. **(B) \$0.25** (10/2011†)

**#2012 Letting Go, Letting Grow.** Letting go and giving loved ones the freedom to make their own choices. **(BL) \$0.75** (9/2011†)

### SPOTLIGHT!

#### #2013 Recovery Checklist.

Use this tool to assess your recovery. Positive statements begin: "I know I am in recovery because...." **(B) \$0.25 NEWLY REVISED!** (5/2016)

**#2014 FA's Twelve Steps and Twelve Traditions.** A quick-reference list of FA's Twelve Steps and Twelve Traditions in an easy-to-carry format. **(BL) \$0.75**

**#2015 Hope and Expectations.** Inspiration and explanation of how these feelings can affect us. **(BL) \$0.75** (2/2013†)

**#2016 & #2016S The Broken Vase.** Seeing our imperfections as sources of courage, beauty, serenity, and peace. Bilingual (English & Spanish). **(BL) \$0.75** (3/2016)

### SPOTLIGHT!

#### #2017 Practicing Tough Love.

Twelve statements for keeping love alive while helping us protect ourselves and restore sanity to our lives. (Excerpted from #1005 *Alternative to Enabling*) **\$0.25 NEW!** (2/2017)

### SPOTLIGHT!

#### #2018 One Day at a Time.

Expanded, gender-neutral adaptation of this favorite reading. Now available in convenient bookmark form. **\$0.25 NEWLY REVISED!** (3/2017†)

### OTHER

**#3001 One Day at a Time.** (parchment) *Discontinued and reissued in revised form as #2018.*

**#3002 Let Go and Let God.** (parchment) **\$0.30**

**#3003 The Serenity Prayer.** (parchment) **\$0.30**

**#3004 Prayer to a Higher Power.** (parchment) **\$0.30**

**#3051 Serenity Medallion.** A perfect gift for anyone in any Twelve Step program. Hang it on a keychain or necklace, or carry it in a pocket or purse. **\$5.00**

### GROUP MATERIALS

**#5001 FA Tools of Recovery: A Handbook for Members.** Helping groups and members work the program and grow. **\$7.00** (1/2013†)

**#5002 Group Inventory.** A tool to assess group progress and individual participation. **\$0.35\*** (4/2014†)

\* Also available as a free download on the FA website.

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**#5003 Suggested Meeting Format with Basic Readings.** Essential for leading meetings. **\$2.00\*** (11/2012†)

**#5006 A Look Inside the FA Fellowship.** Describes how FA operates: the Board of Directors; the World Service Office; groups and intergroups; national service boards; committees; sources of funding; and opportunities for service. **\$.75** (2/2013†)

**#5008 Anonymity.** (table tent) Defines *anonymity*. **\$.40**

**#5009 Crosstalk.** (table tent) Defines *crosstalk*. **\$.40**

**#5010 The Twelve Traditions in Action.** An in-depth exploration of FA's Traditions and their fundamental importance in maintaining and growing our groups and the fellowship. **\$.80** (3/2016†)

**#5011 Growing Your FA Group: A Tip List for New and Established Groups.** Helpful and concise tips for developing good group habits. **\$.35\*** (4/2014†)

**#5012 My Part in the Group.** Self-evaluation for personal participation and behavior. **\$.35** (8/2011†)

**#5013 Avoiding the Four Destructive Forces.** How to recognize and avoid four destructive forces that can make or break a group. **\$1.75**

**#5014 The Face of Anonymity.** A member shares experiences in learning about this important FA principle and its value to both the fellowship and our own recovery. **\$1.75**

## **MATERIALS FOR NEW MEMBERS**

**#6001 Letter to the Newcomer.** A welcome and introduction for the new member or visitor. **\$.20\*** (10/2011†)

**#6002 WELCOME!** A folder for new members, with pockets for literature and notes. **\$.60** (10/2011†) *Suggested inserts (available separately) are #2007, #2010, #2011, #6001, #6003, #6004, #6005, and #WSOF-04.*

**#6003 To the Concerned Family Member or Friend.** Initial contact letter from people who have been “through it.” **\$.20** (1/2012†)

**#6004 Do You Need FA? (Twenty Questions)** Find out with this series of pertinent questions. **\$.25** (11/2010†)

**#6005 A New Door Opens.** Welcome and encouragement for the new member. **\$.35** (3/2011†)

**#6006 Greeter/Contact Card** (formerly Sponsorship Card). A place for you to fill in your first name and phone number. Then hand the card to someone in need. **\$.10**

## **PUBLIC INFORMATION MATERIALS**

**#7001 Meeting Announcement.** (poster, 8½”x11”, 3-color) For public bulletin boards; has space for local phone number and meeting information. **\$.60** (6/2012†)

**#7002 Bulletin Board Card.** (3½”x3¾”) For public bulletin boards or to hand out; has space for local phone number. **\$.10**

**#7003 Families Anonymous—For Me?** Facts about FA; ideal for all PI purposes; great for professionals to give to clients; contains the Twenty Questions. **\$.35** (7/2011†)

**#7007 Spread the Word About Families Anonymous.** Offers suggestions for increasing your community's awareness of FA. **\$.30** (1/2016†)

**#7009 Are You Torn Apart?** Explains to prospective new members the fellowship that is found within FA. **\$.35\*** (6/2013†)

**#7010 Families Anonymous and the Professional Community.** Describes the value of the FA program to healthcare, education and law-enforcement personnel and to community leaders, employers and others. **\$.35\*** (10/2011†)

**#7012 FA Fact Sheet.** Basic facts about FA. **\$.20\*** (6/2013†)

**#7014 Are You at Your Wits' End?** Helps you decide if FA is for you. **\$.35\*** (10/2012†)

**#7016 Introduction to an FA Meeting.** Explains what takes place at FA meetings. **\$.35** (5/2012†)

**#9004 Mini PI Folder.** A presentation folder to hold PI materials. Includes a literature catalog (WSOF-04) and a letter to the professional. **\$.85** (6/2017†) *Suggested inserts (sold separately) are #7003, #7009, #7010, #7012, #7016.*

## **MATERIALS FOR NEW GROUPS**

**#8001 New Group Pack.** One copy of each literature piece except e-books. (*Contains 81 items.*) Limit one per group. **\$46.00**

**#8001S Paquete para grupos nuevos.** *Vea la página siguiente.*

**#8003 Starter Kit.** Basic materials needed to start a new group. Available at no charge by calling or emailing the WSO. (new 2012)

**#8004 Starting a New FA Group.** A small pamphlet packed with information on the who, what, where, when, why, and how of getting a new group up and running. **\$.35\*** (1/2016†) [formerly WSOF-03]

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**EN ESPAÑOL**

(F) folleto (H) hoja

(L)=laminado (M) marcador de libro

**#1001S El folleto básico de FA.** La información clave de FA para cada miembro. Incluye los Doce Pasos, las Doce Tradiciones y las Cinco Lecturas Básicas. **\$1.75** (10/2013†)

**jen Foco!****#1004S Los Doce Pasos de FA.**

Guía a los principios básicos de FA y su aplicación a problemas personales y familiares específicos. **\$3.25** ; *Traducción Nueva!* (4/2016†)

**#1015S-EK Hoy Un Mejor Camino libro electrónico para Kindle.** Disponible para comprar en Tienda Kindle. **\$9.99** (2014†)

**#1015S-EP Hoy Un Mejor Camino libro electrónico para iPad, iPhone, iPod o Nook.** Disponible para comprar en Tienda iTunes o Tienda Nook. **\$9.99** (2014†)

**#1015S Hoy un mejor camino.** Una colección de reflexiones para cada día escritas por miembros de FA, con índice completo, presentada en un hermoso volumen con tapa dura roja, 400 páginas. **\$15.00** (4/2012†)

**jen Foco!****#1028S Estableciendo Límites...**

**Un Acto de Amor.** ¿Necesita ayuda con límites? ¡Encuentre sugerencias e iluminación en este librito informativo! **\$3.75** ; *Nuevo en Español!* (4/2016)

**#2001S Qué hacer y qué no hacer.** Las sugerencias básicas de FA para repasar en cualquier momento. (M) **\$ .25** (9/2013†)

**jen Foco!**

**#2002S Solo por hoy.** Sugerencias para enfrentar "Un Día a la Vez" (M) **\$ .25** ; *Nuevo en Español!* (9/2016)

**#2003S Cómo ayudar.** Una de las lecturas básicas para ayudarte a ti mismo(a) y a tus seres queridos. (M) **\$ .25** (9/2013†)

**jen Foco!**

**#2004S FA y yo.** Doce puntos para ayudarnos a cambiar nuestras reacciones. (M) **\$ .25** ; *Traducción nueva!* (12/2016†)

**#2007S Una carta abierta a mi familia.** La perspectiva de un(a) adicto(a) sobre cómo evitar estorbar su recuperación. (H) **\$ .20\*** (10/2013†)

**#2008S Oración de la serenidad.** Una tarjeta para animar a alguien. **\$ .10** (9/2013†)

**#2016S & #2016 El jarrón dañado.** Ver nuestras imperfecciones como fuentes de valor, hermosura, serenidad, y paz. Bilingües, inglés y español. (LM) **\$ .75** ; *Nuevo!* (3/2016)

**#5003S Formato recomendado para las reuniones con las lecturas básicas.** Un bosquejo del formato sugerido para las reuniones junto con las Cinco Lecturas Básicas. **\$2.00\*** (12/2013†)

**#5008S El anonimato.** (pancarta doblada) **\$ .40** (7/2012†)

**#5009S Crosstalk “conversación inapropiada”.** (pancarta doblada) **\$ .40** (7/2012†)

**jen Foco!**

**#6001S Carta para el nuevo integrante.** Una bienvenida e introducción para miembros nuevos o visitantes. (H) **\$ .20\*** ; *Traducción nueva!* (12/2016†)

**jen Foco!**

**#6003S Carta para el miembro de familia o amigo preocupado.** Carta inicial de personas que “han pasado por lo mismo”. (H) **\$ .20** ; *Nuevo en Español!* (12/2016)

**#6004S ¿Necesitas FA?** Contesta estas 20 preguntas claves para determinar si FA es para ti. (M) **\$ .25** (10/2013†)

**#7001S Anuncio de reuniones.** (cartel tricolor, 8½”x11”) Para tableros públicos. Incluye espacio para el teléfono local y detalles sobre las reuniones. **\$ .60** (9/2013†)

**#7003S ¿Familias Anónimas para mí?** Una explicación de FA, las reuniones y los participantes, junto con las 20 preguntas. (F) **\$ .35** ; *Traducción nueva!* (7/2015†)

**#7009S ¿Está usted desgarrado?** Explica, para la persona considerando a FA, lo que se encuentra en nuestras juntas y filosofía. **\$ .35\*** (4/2014†)

**#7014S ¿Te agota la desesperación?** Te ayuda en determinar si FA es para ti. **\$ .35\*** (3/2014†)

**#8001S Paquete para grupos nuevos.** Una copia de cada pieza disponible en español (menos libros electrónicos). (*Contenido:29 piezas.*) Limite: uno por grupo. **\$20.00**

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