

## Families Anonymous™ World Service Board–Approved Literature Catalog – EFFECTIVE NOVEMBER 13, 2017

Families Anonymous, Inc. • 701 Lee Street • Suite 670 • Des Plaines, IL 60016  
 (800) 736-9805 (USA only) • (847) 294-5877 (Worldwide) • (847) 294-5837 (Fax) • Website: www.FamiliesAnonymous.org  
 E-mail: famanon@FamiliesAnonymous.org

**SPOTLIGHT!****... on the FA Website.**

Discover more about “Who We Are.” Read *The Twelve Step Rag* at “Latest News.” Buy literature and get free downloads at “Shop Literature.” Locate “Meetings” nearby or online.

**BOOKLETS, BOOKS AND PAMPHLETS**

**#1001 The FA Basic Pamphlet.** Every member’s first pamphlet. Contains FA’s Twelve Steps, Twelve Traditions, and the basic readings. **\$1.00** (1/2012†)

**#1002 A Guide for the Family of the Drug Abuser.** An in-depth look at drug abuse as a family illness; how to work towards recovery. **\$2.50** (8/2011†)

**#1003 A Father Faces Drug Abuse.** How one father, inspired by the *Helping* reading, worked the FA program to achieve family love and respect and to overcome desperation. **\$2.50**

**#1004 The Twelve Steps of FA.** A guide to basic FA principles as applied to specific personal and family problems. **\$3.25** (3/2011†)

**#1004-AU The Twelve Steps of FA – AUDIO Edition.** Listen on your computer, laptop, tablet, or car radio. Choose from two formats:

- **#1004-AU-CD:** Compact disk. \$4.00 (5/2016)
- **#1004-AU-USB:** USB flash drive. \$9.00 (5/2016)

**SPOTLIGHT!**

**#1005 Alternative to Enabling: The Tough Love of FA.** The study of FA’s concept of *tough love*. Discusses guilt, anger, and unhelpful protection. **\$3.25 COMPLETELY REVISED!** (3/2017†)

**SPOTLIGHT!**

**#1006 Fourth Step Workbook.** A how-to guide for taking your personal inventory. Now contains the full Step Four portion of #1019, including the #1004 discussion.) [Please note the new price for this **EXPANDED & COMPLETELY REVISED** edition.] **\$3.50** (9/2017†)

**#1012 No More Expectations!** A mother describes how she gave up her old expectations of herself, her family and her Higher Power by working and living the FA program. **\$1.50** (10/2014†)

**#1013 A Recovering Addict Comes Home: One Family’s Story.** How a father used the FA program to deal successfully with his son’s homecoming from rehab. **\$3.35** (5/2012†)

**#1015 Today A Better Way (TABW).** FA’s member-written “daily thought” book; fully indexed, beautiful red cover, gold foil–stamped design, hard cover, 400 pages. **\$10.00** (2011†)

**#1015-E Today A Better Way – E-BOOK Edition.** New and improved electronic edition with interactive table of contents and interactive index. (3/2016†) Choose from two formats:

- **#1015-EK Today A Better Way eBook for Kindle.** Available for purchase through the Kindle Store. **\$7.99**
- **#1015-EP Today A Better Way eBook for iPad, iPhone, iPod, and Nook.** Available for purchase through the iTunes Store and the Nook Store. **\$7.99**

**SPOTLIGHT!**

**#1019 The Twelve Step Workbook.** Personal workbook of writing exercises for Twelve Step recovery. (Now includes the full text of #1004.) **\$9.00 COMPLETELY REVISED!** (3/2017†)

**#1020 FA and Sponsorship.** The ins-and-outs of sponsorship, and descriptions of the roles of sponsors and sponsees. **\$2.50** (3/2016†)

**#1021 “But She’s Too Young to be an Alcoholic...”** One mother’s story of her daughter’s alcoholism and how the family recovered. **\$1.75**

**#1024 Families in Crisis.** Helping families and friends cope with substance abusers’ behaviors. **\$2.75** (2014†)

**#1025 Gifts of the Spirit.** A guide for recognizing the gifts of Love, Joy, Peace, Patience, and more. **\$3.25** (2/2012†)

**#1026 What Do I Say?** A collection of suggested responses to use when on the phone with your loved one. **\$2.25** (11/2011†)

\* Also available as a free download on the FA website.

† This is the date of the most-recent substantive revision. (Older versions are obsolete.)

**SEE ORDER FORM FOR SHIPPING & HANDLING CHARGES. ALL LITERATURE SALES ARE FINAL. NO REFUNDS OR EXCHANGES EXCEPT FOR MATERIALS DAMAGED DURING SHIPMENT. PLEASE CONTACT THE WSO WITHIN 30 DAYS OF INVOICE FOR DETAILS.**

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**#1027 Through Grief to Growth...The FA Way.** Enlightening information and personal stories of grief and recovery from losses due to the addiction or death of a loved one. **\$4.00** (9/2011†)

**#1028 Setting Boundaries: A Very Loving Thing to Do.** Need help with boundaries? Get some insight from this informative booklet. **\$3.75** (6/2011†)

**#1029 Tough Love—for Whom?** Insight into the real meaning of *tough love* and the benefits of change. **\$1.50** (new 2010)

**#1030 Dealing with Denial.** Aids in defining, recognizing, and resolving denial, with acceptance as a reward. **\$1.50** (new 2011)

**#1031 Grandparenting in Families with Addiction: A Mindful Act of Hope and Love.** Useful information and real-life stories to help grandparents assess and accept their own family situations and decide on actions to take. **\$4.25** (new 2014)

**#2003-1 Negatives to Positives: #1 in the Helping Series.** A supplement to the Helping reading (#2003). **\$1.75** (new 2012)

**#2003-2 Fear to Faith: #2 in the Helping Series.** A supplement to the Helping reading (#2003). **\$2.50** (new 2012)

### **SHEETS, CARDS AND BOOKMARKS**

(B)=Bookmark (C)=Card (L)=Laminated (SH)=Sheet

**#2001 FA's Do's and Don'ts.** A handy reminder of what to do and not do to keep your recovery strong. **(B) \$2.5**

**#2002 Just for Today.** Suggestions for coping "One Day at a Time." **(B) \$2.5** (1/2013†)

**#2003 Helping.** A concise guide for helping yourself and those you love. **(BL) \$1.75** (1/2012†)

**#2003-1 & #2003-2:** See above under "Booklets, Books and Pamphlets."

**#2004 FA and Me.** Suggestions for successfully relating to an abuser; companion piece to #1005. **(B) \$2.5** (2/2013†)

**#2006 I Am Responsible.** Working the Twelfth Step in a personal way. **(B) \$2.5** (1/2013†)

**#2007 An Open Letter to My Family.** An addict's viewpoint on how family members can avoid standing in the way of their loved one's recovery. **(SH) \$2.0\*** (4/2012†)

**#2008 The Serenity Prayer.** A card of encouragement to hand to someone in need. **(C) \$1.0** (8/2011†)

**#2010 About Drug Abuse.** An FA basic reading about the illness of drug abuse, drug dependence and addiction and what we can do to help both ourselves and the situation. **(B) \$2.5**

**#2011 The Twelve Promises of FA.** Describes the benefits of working the FA program. **(B) \$2.5** (8/2016†)

**#2012 Letting Go, Letting Grow.** Letting go and giving loved ones the freedom to make their own choices. **(BL) \$1.75** (9/2011†)

**#2013 Recovery Checklist.** Use this tool to assess your recovery. Positive statements begin: "I know I am in recovery because...." **(B) \$2.5** (5/2016†)

**#2014 FA's Twelve Steps and Twelve Traditions.** A quick-reference list of FA's Twelve Steps and Twelve Traditions in an easy-to-carry format. **(BL) \$1.75**

**#2015 Hope and Expectations.** Inspiration and explanation of how these feelings can affect us. **(BL) \$1.75** (2/2013†)

**#2016 & #2016S The Broken Vase.** Seeing our imperfections as sources of courage, beauty, serenity, and peace. Bilingual (English & Spanish). **(BL) \$1.75** (3/2016)

**SPOTLIGHT!**

#### **#2017 Practicing Tough Love.**

Twelve statements for keeping love alive while helping us protect ourselves and restore sanity to our lives. (Excerpted from #1005 *Alternative to Enabling*) **\$2.5 NEW!** (2/2017)

**SPOTLIGHT!**

#### **#2018 One Day at a Time.**

Expanded, gender-neutral adaptation of this favorite reading. Now available in convenient bookmark form. **\$2.5 NEWLY REVISED!** (3/2017†)

### **OTHER**

**#3001 One Day at a Time.** (parchment) *Discontinued and reissued in revised form as #2018.*

**#3002 Let Go and Let God.** (parchment) **\$3.0**

**#3003 The Serenity Prayer.** (parchment) **\$3.0**

**#3004 Prayer to a Higher Power.** (parchment) **\$3.0**

**#3051 Serenity Medallion.** A perfect gift for anyone in any Twelve Step program. Hang it on a keychain or necklace, or carry it in a pocket or purse. **\$5.00**

### **GROUP MATERIALS**

**#5001 FA Tools of Recovery: A Handbook for Members.** Helping groups and members work the program and grow. **\$7.00** (2/2017†)

\* Also available as a free download on the FA website.

† This is the date of the most-recent substantive revision. (Older versions are obsolete.)

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**#5002 Group Inventory.** A tool to assess group progress and individual participation. **\$.35\*** (3/2017†)

**#5003 Suggested Meeting Format with Basic Readings.** Essential for leading meetings. **\$.20\*** (9/2016†)

**#5006 A Look Inside the FA Fellowship.** Describes how FA operates: the Board of Directors; the World Service Office; groups and intergroups; national service boards; committees; sources of funding; and opportunities for service. **\$.75** (2/2013†)

**#5008 Anonymity.** (table tent) Defines *anonymity*. **\$.40**

**#5009 Crosstalk.** (table tent) Defines *crosstalk*. **\$.40**

**#5010 The Twelve Traditions in Action.** An in-depth exploration of FA's Traditions and their fundamental importance in maintaining and growing our groups and the fellowship. **\$.80** (3/2016†)

**#5011 Growing Your FA Group: A Tip List for New and Established Groups.** Helpful and concise tips for developing good group habits. **\$.35\*** (4/2014†)

**#5012 My Part in the Group.** Self-evaluation for personal participation and behavior. **\$.35** (8/2011†)

**#5013 Avoiding the Four Destructive Forces.** How to recognize and avoid four destructive forces that can make or break a group. **\$.175**

**#5014 The Face of Anonymity.** A member shares experiences in learning about this important FA principle and its value to both the fellowship and our own recovery. **\$.175**

## MATERIALS FOR NEW MEMBERS

**#6001 Letter to the Newcomer.** A welcome and introduction for the new member or visitor. **\$.20\*** (10/2011†)

**#6002 WELCOME!** A folder for new members, with pockets for literature and notes. **\$.60** (10/2011†) *Suggested inserts (available separately) are #2007, #2010, #2011, #6001, #6003, #6004, #6005, and #WSOF-04.*

**#6003 To the Concerned Family Member or Friend.** Initial contact letter from people who have been “through it.” **\$.20** (1/2012†)

**#6004 Do You Need FA? (Twenty Questions)** Find out with this series of pertinent questions. **\$.25** (11/2010†)

**#6005 A New Door Opens.** Welcome and encouragement for the new member. **\$.35** (3/2011†)

**#6006 Greeter/Contact Card** (formerly Sponsorship Card). A place for you to fill in your first name and phone number. Then hand the card to someone in need. **\$.10**

## PUBLIC INFORMATION MATERIALS

**#7001 Meeting Announcement.** (poster, 8½”x11”, 3-color) For public bulletin boards; has space for local phone number and meeting information. **\$.60** (6/2012†)

**#7002 Bulletin Board Card.** (3½”x3¾”) For public bulletin boards or to hand out; has space for local phone number. **\$.10**

**#7003 Families Anonymous—For Me?** Facts about FA; ideal for all PI purposes; great for professionals to give to clients; contains the Twenty Questions. **\$.35** (7/2011†)

**#7007 Spread the Word About Families Anonymous.** Offers suggestions for increasing your community's awareness of FA. **\$.30** (1/2016†)

**#7009 Are You Torn Apart?** Explains to prospective new members the fellowship that is found within FA. **\$.35\*** (6/2013†)

**#7010 Families Anonymous and the Professional Community.** Describes the value of the FA program to healthcare, education and law-enforcement personnel and to community leaders, employers and others. **\$.35\*** (10/2011†)

**#7012 FA Fact Sheet.** Basic facts about FA. **\$.20\*** (6/2013†)

**#7014 Are You at Your Wits' End?** Helps you decide if FA is for you. **\$.35\*** (10/2012†)

**#7016 Introduction to an FA Meeting.** Explains what takes place at FA meetings. **\$.35** (5/2012†)

**#9004 Mini PI Folder.** A presentation folder to hold PI materials. Includes a literature catalog (WSOF-04) and a letter to the professional. **\$.85** (6/2017†) *Suggested inserts (sold separately) are #7003, #7009, #7010, #7012, #7016.*

## MATERIALS FOR NEW GROUPS

**#8001 New Group Pack.** One copy of each literature piece except e-books. (*Contains 81 items.*) Limit one per group. **\$.46.00**

**#8001S Paquete para grupos nuevos.** *Vea la página siguiente.*

**#8003 Starter Kit.** Basic materials needed to start a new group. Available at no charge by calling or emailing the WSO. (new 2012)

**#8004 Starting a New FA Group.** A small pamphlet packed with information on the who, what, where, when, why, and how of getting a new group up and running. **\$.35\*** (1/2016†) [formerly WSOF-03]

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# Familias Anónimas™ Catálogo de Literatura Aprobada – EFECTIVO 13 de NOVIEMBRE de 2017

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## EN ESPAÑOL

(F) folleto (H) hoja

(L)=laminado (M) marcador de libro

**#1001S El folleto básico de FA.** La información clave de FA para cada miembro. Incluye los Doce Pasos, las Doce Tradiciones y las Cinco Lecturas Básicas. **\$1.75** (10/2013†)

**#1004S Los Doce Pasos de FA.** Guía a los principios básicos de FA y su aplicación a problemas personales y familiares específicos. **\$3.25** (Traducción nueva 4/2016†)

**#1015S Hoy un mejor camino.** Una colección de reflexiones para cada día escritas por miembros de FA, con índice completo, presentada en un hermoso volumen con tapa dura roja, 400 páginas. **\$15.00** (4/2012†)

**#1015S-EK Hoy Un Mejor Camino libro electrónico para Kindle.** Disponible para comprar en Tienda Kindle. **\$9.99** (2014†)

**#1015S-EP Hoy Un Mejor Camino libro electrónico para iPad, iPhone, iPod o Nook.** Disponible para comprar en Tienda iTunes o Tienda Nook. **\$9.99** (2014†)

**#1028S Estableciendo Límites...Un Acto de Amor.** ¿Necesita ayuda con límites? ¡Encuentre sugerencias e iluminación en este librito informativo! **\$3.75** (Nuevo en Español 4/2016)

**#2001S Qué hacer y qué no hacer.** Las sugerencias básicas de FA para repasar en cualquier momento. (M) **\$2.25** (9/2013†)

**¡en Foco!**

**#2002S Solo por hoy.** Sugerencias para enfrentar “Un Día a la Vez” (M) **\$2.25** *¡Nuevo en Español!* (9/2016)

**#2003S Cómo ayudar.** Una de las lecturas básicas para ayudarte a ti mismo(a) y a tus seres queridos. (M) **\$2.25** (9/2013†)

**¡en Foco!**

**#2004S FA y yo.** Doce puntos para ayudarnos a cambiar nuestras reacciones. (M) **\$2.25** *¡Traducción nueva!* (12/2016†)

**#2007S Una carta abierta a mi familia.** La perspectiva de un(a) adicto(a) sobre cómo evitar estorbar su recuperación. (H) **\$2.20\*** (10/2013†)

**#2008S Oración de la serenidad.** Una tarjeta para animar a alguien. **\$1.10** (9/2013†)

**#2016S & #2016 El jarrón dañado.** Ver nuestras imperfecciones como fuentes de valor, hermosura, serenidad, y paz. Bilingües, inglés y español. (LM) **\$7.75** *¡Nuevo!* (3/2016)

**#5003S Formato recomendado para las reuniones con las lecturas básicas.** Un bosquejo del formato sugerido para las reuniones junto con las Cinco Lecturas Básicas. **\$2.00\*** (12/2013†)

**#5008S El anonimato.** (pancarta doblada) **\$4.40** (7/2012†)

**#5009S Crosstalk “conversación inapropiada”.** (pancarta doblada) **\$4.40** (7/2012†)

**¡en Foco!**

**#6001S Carta para el nuevo integrante.** Una bienvenida e introducción para miembros nuevos o visitantes. (H) **\$2.20\*** *¡Traducción nueva!* (12/2016†)

**¡en Foco!**

**#6003S Carta para el miembro de familia o amigo preocupado.** Carta inicial de personas que “han pasado por lo mismo”. (H) **\$2.20** *¡Nuevo en Español!* (12/2016)

**#6004S ¿Necesitas FA?** Contesta estas 20 preguntas claves para determinar si FA es para ti. (M) **\$2.25** (10/2013†)

**#7001S Anuncio de reuniones.** (cartel tricolor, 8½”x11”) Para tableros públicos. Incluye espacio para el teléfono local y detalles sobre las reuniones. **\$6.60** (9/2013†)

**#7003S ¿Familias Anónimas para mí?** Una explicación de FA, las reuniones y los participantes, junto con las 20 preguntas. (F) **\$3.35** *¡Traducción nueva!* (7/2015†)

**#7009S ¿Está usted desgarrado?** Explica, para la persona considerando a FA, lo que se encuentra en nuestras juntas y filosofía. **\$3.35\*** (4/2014†)

**#7014S ¿Te agota la desesperación?** Te ayuda en determinar si FA es para ti. **\$3.35\*** (3/2014†)

**#8001S Paquete para grupos nuevos.** Una copia de cada pieza disponible en español (menos libros electrónicos). (Contenido: 29 piezas.) Limite: uno por grupo. **\$20.00**



\* También puede descargarse del internet de forma gratuita en la página web de FA .

† Esta es la fecha de la revisión sustancial más reciente.  
(Las versiones anteriores quedan obsoletas.)

EN LA ORDEN PODRÁ VER LOS COSTOS POR ENVÍO Y MANEJO. TODA VENTA DE LITERATURA ES FINAL. NO SE ACEPTAN DEVOLUCIONES, NI CAMBIOS, EXCEPTO EN MATERIALES DAÑADOS EN EL ENVÍO. POR FAVOR CONTACTE LA WSO EN LOS PRIMEROS 30 DÍAS DE SU COMPRA PARA MÁS DETALLES.