

Families Anonymous

We are a Twelve-Step fellowship of concerned relatives and friends who have faced the reality of a loved one's **self-destructive, disruptive behavior**, whether caused by drugs, alcohol or emotional problems.

Family issues range from minor delinquency to running away, truancy, low self-esteem, emotional problems and substance abuse. Many times there are work concerns and legal entanglements.

Miracles can happen when families attend FA meetings. By improving our own attitudes, we learn how to avoid **standing in the way of other peoples' recoveries.**

Our lives begin to improve!

FA is not religious or governmental, nor are we affiliated with any other group. There are no dues or fees for membership. We use first names only and there is no formal sign-up.

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Could You Benefit From Families Anonymous?

A questionnaire for parents, spouses, grandparents, siblings, and friends.

1. Do you lie awake worrying about where your loved one () of any age) is?
2. Do you feel frustrated in your attempts to control your loved one?
3. Do you disapprove of your loved one's lifestyle?
4. Do you argue with your loved one about his or her friends?
5. Do you find it increasingly difficult to communicate with your loved one?
6. Are you embarrassed to discuss your situation with your family or friends?
7. Do you blame yourself, your spouse, or your loved one's friends?
8. Do you find yourself playing detective, fearful of what you will find?

***If you answered
YES
to several of these questions,
Families Anonymous is for You!***

THERE IS HELP FOR YOU

Please join us at a Families Anonymous meeting.

**For Information
Please Call**

**The Families Anonymous
World Service Office
800-736-9805 (U.S. Only)
(847) 294-5877
Fax (847) 294-5837**

Or visit our website at for a
Directory of meetings near you.

www.FamiliesAnonymous.org

**E-mail:
famanon@FamiliesAnonymous.org**

If you are housebound, or without transportation, or there are no FA meetings near you, please consider the help available to you by joining in the FA E-meeting or FA Meeting Without Walls. There you will 'meet' FA members from the US and many other countries, who will understand, love and support you. You will need an E-mail address and an Internet connection Visit our website for more information.

***Does Someone You
Love Use Drugs or
Alcohol, or have
Out-of-Control
Behavior, to Solve
Their Problems of
Living?***

***Has YOUR Life
Become
Unmanageable?***



***Families
Anonymous
CAN HELP!***