

Families Anonymous™ World Service Board–Approved Literature Catalog – EFFECTIVE JUNE 3, 2022

Families Anonymous, Inc. • 701 Lee Street • Suite 670 • Des Plaines, IL 60016

(800) 736-9805 [USA only] • (847) 294-5877 [Worldwide] • (847) 294-5837 [Fax]  Website: www.FamiliesAnonymous.org • E-mail: famanon@FamiliesAnonymous.org**LITERATURE CATALOG CONTENTS**

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* Also available as a free download on the FA website.

**SEE ORDER FORM FOR SHIPPING & HANDLING CHARGES. ALL LITERATURE SALES ARE FINAL.
NO REFUNDS OR EXCHANGES EXCEPT FOR MATERIALS DAMAGED DURING SHIPMENT.
PLEASE CONTACT THE WSO WITHIN 30 DAYS OF INVOICE FOR DETAILS.**

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... on the FA Website!

- Find answers to your frequently asked questions
- Locate a face-to-face meeting near you
- Join a meeting online or by phone
- Shop online for FA literature, or download it for free
- Read recent and past issues of the FA newsletter, the *Serenity Messenger*, and sign up to receive new issues as they are published
- Search for ways to support the financial health of the fellowship through single-event donations, recurring donations, legacy donations, and group donations
- Learn how to volunteer and give back to the fellowship through service in your group, intergroup, national service board, or World Service Board

BOOKLETS, BOOKS AND PAMPHLETS

#1001 The FA Basic Pamphlet. Every member's first pamphlet. Contains FA's basic readings (including the Twelve Steps and the Twelve Traditions) to be read aloud at every meeting. **\$2.00**

#1002 A Guide for the Family of the Drug Abuser. An in-depth look at drug abuse as a family illness; how to work towards recovery. **\$3.00**

SPOTLIGHT!

#1003 A Father Faces the Family Disease of Addiction. [FORMERLY: A FATHER FACES DRUG ABUSE]

How one father, inspired by the *Helping* reading, worked the FA program, overcame his desperation, and achieved family love and respect. **UPDATED and RENAMED!** (4/2022) **\$3.00**

#1004 The Twelve Steps of FA. A guide to basic FA principles as applied to specific personal and family problems. **\$4.00**

- **#1004-AU The Twelve Steps of FA – AUDIO Edition.** Listen on the go! Simply plug this flash drive into a USB port on your computer, laptop, tablet, or car radio. **\$15.00**

#1005 Alternative to Enabling: The Tough Love of FA. The study of FA's concept of *tough love*. Discusses guilt, anger, and unhelpful protection. **\$4.00**

#1006 Fourth Step Workbook. A how-to guide for taking your personal inventory. Contains the full Step Four portion of #1019, including the #1004 discussion of Step Four. **\$4.00**

#1012 No More Expectations! A mother describes how she gave up her old expectations of herself, her family, and her Higher Power by working and living the FA program. **\$0.80**

#1013 A Recovering Addict Comes Home: One Family's Story. How a father used the FA program to deal successfully with his son's homecoming from rehab. **\$0.80**

#1015 Today A Better Way (TABW). FA's member-written "daily thought" book; fully indexed, beautiful red cover, gold foil-stamped design, hard cover, 400 pages. **\$13.00**

#1015-E Today A Better Way – E-BOOK Edition. Electronic edition, with interactive table of contents and interactive index. Choose from two formats:

- **#1015-EK Today A Better Way eBook for Kindle.** Available for purchase through the Kindle Store. **\$9.99**
- **#1015-EP Today A Better Way eBook for iPad, iPhone, iPod, and Nook.** Available for purchase through the iTunes Store and the Nook Store. **\$9.99**

#1019 The Twelve Step Workbook. Personal workbook of writing exercises for Twelve Step recovery. Includes the full text of #1004. **\$12.00**

#1020 FA and Sponsorship. The ins and outs of sponsorship, and descriptions of the roles of sponsors and sponsees. **\$3.00**

#1021 "But She's Too Young to be an Alcoholic": One Mother's Story. A mother's story of her daughter's alcoholism and how the family recovered. **\$2.00**

#1024 Families in Crisis. Helping families and friends cope with substance abusers' behaviors. **\$3.00**

#1025 Gifts of the Spirit. A guide for recognizing the gifts of love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control. **\$4.00**

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#1026 What Do I Say? A collection of suggested responses to use when on the phone with your loved one. **\$3.00**

SPOTLIGHT!**#1027 Through Grief to Growth...The FA Way.**

Enlightening information and personal stories of grief and recovery from losses due to the addiction or death of a loved one. **UPDATED!** (4/2022) **\$5.00**

#1028 Setting Boundaries: A Very Loving Thing to Do. Need help with boundaries? Get valuable insights from this informative booklet. **\$4.00**

#1029 Tough Love—For Whom? Insight into the real meaning of *tough love* and the benefits of change. **\$2.00**

#1030 Dealing with Denial. Aids in defining, recognizing, and resolving denial, with acceptance as a reward. **\$2.00**

#1031 Grandparenting in Families with Addiction: A Mindful Act of Hope and Love. Useful information and real-life stories to help grandparents assess and accept their own family situations and decide on actions to take. **\$5.00**

#1032 A Funny Thing Happened on the Way to Recovery: The Humor We Encounter in FA. Humorous stories and real-life witticisms describing the absurdities of our family situations and the invaluable role of laughter in guiding us back to sanity and serenity. **\$4.00**

#1033 The Three Cs x 2. Begins with the well-known “Three Cs of Addiction” (cause, control, cure), and continues with the all-new “Three Cs of Our Recovery” (choices, changes, courage). **\$2.00**

- **#1033X** is a one-page excerpt giving an overview of the more-detailed #1033. It is available as a free download on the FA website.*

#1034 The Gift of Awareness: A Tool of Recovery in FA. An inspirational guide for studying FA’s Twelve Steps. Learn how the gift of awareness can open your mind and heart, improve your relationships with family and friends, and move you forward on your path of recovery. **\$3.00**

#1035 Bereavement, Healing & Hope: Heartfelt Stories from Parents Who Have Lost a Child to Addiction. Finding our way through the ultimate grief to a place of acceptance and serenity. **\$4.00**

SPOTLIGHT!**#2003HC The Helping Collection.**

Receive the entire *Helping* series—#2003-1, #2003-2 and #2003-3—plus the laminated #2003 *Helping* bookmark at a special “bundle” price. **NEW!** (6/2021) **\$7.20**

#2003-1 Negatives to Positives: #1 in the Helping Series. A supplement to the “Helping” reading (#2003). **\$2.00** *Also see #2003HC.*

#2003-2 Fear to Faith: #2 in the Helping Series. A supplement to the “Helping” reading (#2003). **\$3.00** *Also see #2003HC.*

#2003-3 Contempt to Respect: #3 in the Helping Series. A supplement to the “Helping” reading (#2003). **\$3.00** *Also see #2003Bundle.*

SHEETS, CARDS AND BOOKMARKS

(B)=Bookmark (C)=Card (L)=Laminated (SH)=Sheet

SPOTLIGHT!**#2000BC The Bookmark Collections.**

Collections of selected bookmarks at special “bundle” prices. **NEW!** (5/2022)

#2000BC-1 Basic Fundamentals – includes #2001, #2003, #2004, #2007, #2010, #2018. **\$2.80**

#2000BC-2 Changing Ourselves – includes #2012, #2014, #2015, #2016, #2017, #2019. **\$3.60**

#2000BC-3 Recovery & Maintenance – includes #2002, #2006, #2008, #2011, #2013. **\$3.60**

#2001 FA’s Do’s and Don’ts. A handy reminder of what to do and not do to keep your recovery strong. **(B) \$5.00**

#2002 Just for Today. Suggestions for coping “one day at a time.” **(B) \$5.00**

#2003 Helping. A concise guide for helping yourself and those you love. **(BL) \$1.00** *Also see #2003HC.*

#2003-1 & #2003-2 & #2003-3 *See the listing for these items under “Booklets, Books and Pamphlets.”*

#2004 FA and Me. Suggestions for successfully relating to a substance abuser. Companion piece to #1005. **(B) \$5.00**

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#2006 I Am Responsible. Working the Twelfth Step in a personal way. (B) \$**.50**

#2007 An Open Letter to My Family. An addict's viewpoint on how family members can avoid standing in the way of their loved one's recovery. (SH) \$**.50***

#2008 The Serenity Prayer. Hand a card of encouragement to someone in need. (C) **10 cards for \$2.50**

#2010 About Drug Abuse. An FA basic reading about the illness of drug abuse, drug dependence and addiction and what we can do to help both ourselves and the situation. (B) \$**.50**

#2011 The Twelve Promises of FA. Describes the benefits of working the FA program. (B) \$**.50***

#2012 Letting Go, Letting Grow. Letting go and giving loved ones the freedom to make their own choices. (BL) \$**1.00**

#2013 Recovery Checklist. Use this tool to assess your recovery. Positive statements begin: "I know I am in recovery because...." (B) \$**.50**

#2014 FA's Twelve Steps and Twelve Traditions. A quick-reference list of FA's Twelve Steps and Twelve Traditions in an easy-to-carry format. (B) \$**.50**

#2015 Hope and Expectations. Inspiration and explanation of how our hopes and expectations can affect us. (BL) \$**1.00**

#2016 & #2016S The Broken Vase. Seeing our imperfections as sources of courage, beauty, serenity and peace. Bilingual (English & Spanish). (BL) \$**1.00**

#2017 Practicing Tough Love. Twelve statements for keeping love alive while helping us protect ourselves and restore sanity to our lives. (Excerpted from #1005 *Alternative to Enabling*) (B) \$**.50**

#2018 One Day at a Time. Expanded, gender-neutral adaptation of this favorite reading. (B) \$**.50**

#2019 Prayer to a Higher Power. Expanded, gender-neutral adaptation of this traditional FA prayer. (B) \$**.50**

OTHER

#3002 Let Go and Let God. (parchment) A well-known recovery prayer. \$**.50**

#3003 The Serenity Prayer. (parchment) A well-known recovery prayer. \$**.50**

#3051-A Serenity Medallion with Serenity Prayer Card. The Serenity Medallion (#3051) is a perfect gift for anyone in any Twelve Step program. Hang it on a keychain, wear it as a pendant, or carry it in a pocket or purse. Included with the medallion is a Serenity Prayer card (#2008) imprinted with FA's name and logo. \$**7.95**

GROUP MATERIALS

#5001 FA Tools of Recovery: A Handbook for Members. A guide for groups and members to help them work the program and grow. \$**10.00**

#5002 Group Inventory. A tool to assess group progress and individual participation. Poses questions related to group conscience, meeting preparation, meeting content, outreach, and business meetings. Now includes virtual as well as in-person meetings. \$**.80***

#5003 Suggested Meeting Format with Basic Readings. Essential for leading meetings. Includes the suggested meeting format, the optional introductory reading, and FA's five Basic Readings that are repeated at the start of each meeting. (See also #1001 FA Basic Pamphlet.) \$**2.00***

#5003V Suggested Meeting Format with Basic Readings for Virtual Meetings. An adaptation and expansion of #5003 that is geared for virtual (or combination virtual and face-to-face) meetings. Available *only* as a free download on the FA website.*

#5006 A Look Inside the FA Fellowship. How FA operates: the Board of Directors; the World Service Office; members, committees, groups, intergroups, and national service boards; sources of funding; and opportunities for service. Available *only* as a free download on the FA website.*

#5008 Anonymity. (table tent for meetings) Defines *anonymity*. \$**1.00**

#5009 Crosstalk. (table tent for meetings) Defines *crosstalk*. \$**1.00**

#5010 The Twelve Traditions in Action. An in-depth exploration of FA's Traditions and their fundamental importance in maintaining and growing our groups and the fellowship. A must-have guide for all FA groups and members. \$**12.00**

#5011 Growing Your FA Group: A Tip List for New and Established Groups. Helpful and concise tips for developing good group habits. Now for virtual meetings as well as in-person meetings. Available *only* as a free download on the FA website.*

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#5012 My Part in the Group. Self-evaluation for personal participation and behavior. **\$.80***

#5013 Avoiding Four Destructive Forces. How to recognize and avoid four destructive forces that can destroy a group. Includes answers to frequently asked questions and related resources for personal and group study. *Available **only** as a free download on the FA website.**

SPOTLIGHT!

#5014 Five Faces of Anonymity (formerly The Face of Anonymity).

An in-depth study of FA's core principle of anonymity, "the spiritual foundation of all our Traditions." Explore the many ways that we nurture and protect the anonymity of all FA members, both within and outside our meetings, and thereby strengthen our fellowship, our groups, and our own personal recovery. *Revised, expanded and renamed. 1/2022. \$3.00*

MATERIALS FOR NEW MEMBERS

#6001 Letter to the Newcomer. A welcome and introduction for the new member or visitor. **\$.50***

#6002 WELCOME! A folder for new members, with pockets for literature and notes. **\$1.00** *Suggested inserts (available separately) are #2007, #2010, #2011, #6001, #6003, #6004, #6005, and WSOF-04.*

#6003 To the Concerned Family Member or Friend. Initial contact letter from people who have been "through it." **\$.50***

#6004 Do You Need FA? This bookmark's "Twenty Questions" will help you decide if you need FA. **\$.50**

#6005 A New Door Opens. Welcome and encouragement for the new member. **\$.80**

#6006 Greeter/Contact Card (formerly Sponsorship Card). Hand a card to someone in need or to a newcomer attending your meeting for the first time. Has a place for your first name and phone number. **10 cards for \$2.50**

PUBLIC INFORMATION MATERIALS

#7001 Meeting Announcement. (8½"x11" tricolor poster) For public bulletin boards. Has space for local telephone number and meeting information. **\$1.00**

#7002 Bulletin Board Card. (3½"x3¾") For public bulletin boards or to hand out. Has space for local telephone number. **10 cards for \$2.50**

#7003 Families Anonymous—For Me? Facts about FA. Ideal for all PI purposes. Great for professionals to give to clients. Contains the "Twenty Questions." **\$.80***

#7007 Spread the Word About Families Anonymous. Offers suggestions for increasing your community's awareness about FA. **\$3.00**

#7009 Are You Torn Apart? Explains to prospective new members the fellowship found within FA. **\$.80***

#7010 Families Anonymous and the Professional Community. Describes the value of the FA program to key professionals. Plus SEVEN PAMPHLETS to hand out to clergy, community leaders, educators, employers, health care providers, law enforcement personnel, and librarians. *Available **only** as free downloads on the FA website.**

#7012 FA Fact Sheet. Basic facts about FA. **\$.50***

#7014 Are You at Your Wits' End? Helps you decide if FA is for you. **\$.80***

#7016 Introduction & Welcome to an FA Meeting. Explains what takes place at in-person and virtual FA meetings. *Available **only** as a free download on the FA website.**

#9004 Mini PI Folder. A presentation folder to hold PI materials. Includes a cover letter (printed on the folder) and a literature catalog (WSOF-04). **\$1.00** *Suggested inserts (available separately): #7003, #7009, one or more #7010 pamphlets, #7012, #7016.*

MATERIALS FOR NEW GROUPS

#8001 Full Literature Pack. Contains one copy of each literature piece except e-books and audio recordings. May be ordered by any group at any time. **\$69.00**

#8003 Starter Kit. Basic materials needed to start a new group. Available at no charge from the WSO. Choose from two options: OPTION #1 – WSO sends all 18 items; you pay for shipping. OPTION #2 – WSO sends 3 items, and you download the remaining 15 items; shipping is free.

#8004 Starting a New FA Group. The who, what, where, when, why and how of getting a new group up and running. For virtual (online) or face-to-face meetings. *Available **only** as a free download on the FA website.**

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EN ESPAÑOL

¡Destacado!

... en el sitio Web de FA!

- Encuentre respuestas a sus preguntas más frecuentes
- Encuentre reuniones presenciales, cerca a usted
- Únase a un grupo, en línea o por teléfono
- Compre la literatura de FA en la tienda web o descárguela de manera gratuita
- Lea boletines informativos de FA, los recientes o los anteriores, del *Mensajero de Serenidad*
- Busque maneras de apoyar financieramente a la organización, a través de hacer donaciones: a un evento, recurrentes, por herencia y/o a un grupo
- Aprenda como servir de voluntario, o retribuir y ayudar a la organización, a través de dar ayudar en su grupo, a otros grupos, en la junta de servicio nacional o en la Junta de Servicio Mundial (WSO)

FOLLETOS, LIBROS Y PANFLETOS

#1001S El folleto básico de FA. El primer folleto para cada miembro. Contiene las lecturas básicas de FA (tales como los Doce Pasos y las Doce Tradiciones) para ser leídas en cada reunión. **\$2.00**

#1004S Los doce pasos de FA. Guía de los principios básicos de FA y su aplicación a problemas específicos, personales y familiares. **\$4.00**

#1013S Un adicto en recuperación regresa a casa. La forma como un padre aplicó el programa de FA para manejar exitosamente el regreso a casa de su hijo después de su tratamiento de rehabilitación. **\$1.00**

#1015S Hoy un mejor camino. Una colección de reflexiones para cada día escritas por miembros de FA, con índice completo y presentada en un hermoso volumen con pasta dura roja, 400 páginas. **\$15.00**

• **#1015S-EK Hoy un mejor camino.** Libro electrónico para Kindle. Disponible para comprar en Tienda Kindle. **\$9.99**

• **#1015S-EP Hoy un mejor camino.** Libro electrónico para iPad, iPhone, iPod o Nook. Disponible para comprar en Tienda iTunes o Tienda Nook. **\$9.99**

¡Destacado!

#1019S Manual de los Doce Pasos.

Manual de trabajo personal, de ejercicios escritos, para la recuperación con los Doce Pasos. También incluye el contenido completo de #1004S. *¡Nuevo en español!* (11/2020) **\$12.00**

#1028S Estableciendo límites ... un acto de amor. ¿Necesita ayuda estableciendo límites? ¡Encuentre valiosa iluminación en este folleto informativo! **\$4.00**

#1033XS Las tres Cs x 2: Un resumen. Las ya bien conocidas “Tres Cs de la Adicción” (ni la causas, ni la controlas, ni la curas) y las nuevas “Tres Cs de nuestra Recuperación” (elecciones [choices], cambios [changes], coraje [courage]). **(H) Disponible solamente como descarga gratuita en el sitio web de FA.***

HOJAS, TARJETAS Y MARCADORES DE LIBRO

(F) folleto (H) hoja

(L)=laminado (M) marcador de libro

SPOTLIGHT!

#2000BCS Colección de marcadores de libro.

Compre todos los marcadores de libro en español a un precio especial, por el paquete completo. *¡NUEVO!* (5/2022) **\$5.60**

#2001S Qué hacer y qué no hacer. Un recordatorio útil acerca de qué hacer y qué no hacer para mantener su recuperación fuerte. **(M) \$50**

#2002S Solo por hoy. Sugerencias para afrontar “un día a la vez”. **(M) \$50**

#2003S Cómo ayudar. Una de las lecturas básicas para ayudar a sí mismo(a) y/o a sus seres queridos. **(M) \$50**

#2004S FA y yo. Doce puntos para ayudarnos a cambiar nuestras reacciones. **(M) \$50**

#2007S Una carta abierta a mi familia. La perspectiva de un(a) adicto(a) sobre cómo evitar estorbar su recuperación. **(H) \$50***

#2008S Oración de la serenidad. Entregue una tarjeta de ánimo a alguien que lo necesita. **(H) 10 tarjetas por \$2.50**

#2011S Las doce promesas de FA. Describe los beneficios de trabajar el programa de FA. **(M) \$50**

* También puede descargarse del internet de forma gratuita en la página web de FA .

EN LA ORDEN PODRÁ VER LOS COSTOS POR ENVÍO Y MANEJO. TODA VENTA DE LITERATURA ES FINAL. NO SE ACEPTAN DEVOLUCIONES, NI CAMBIOS, EXCEPTO EN MATERIALES DAÑADOS EN EL ENVÍO. POR FAVOR CONTACTE LA WSO EN LOS PRIMEROS 30 DÍAS DE SU COMPRA PARA MÁS DETALLES.

Familias Anónimas™ Catálogo de Literatura Aprobada – EFECTIVO 3 de JUNIO 2022

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#2012S Desprenderse, dejar crecer. Desprenderse y dar a nuestros seres queridos la libertad de hacer sus propias elecciones. (M) \$.50

#2016S & #2016 El jarrón dañado. Ver nuestras imperfecciones como fuentes de valor, hermosura, serenidad y paz. Bilingüe: inglés y español. (LM) \$1.00

MATERIAL PARA LOS GRUPOS

#5003S Formato sugerido para las reuniones con las lecturas básicas. Un bosquejo del formato sugerido para las reuniones junto con las cinco lecturas básicas. (Vea también #1001 El folleto básico de FA.) \$2.00*

¡Destacado!

#5003VS Formato sugerido para las reuniones virtuales con las lecturas básicas.

#5003VS para las reuniones virtuales. *¡Nuevo en español!* (5/2021) Disponible solamente como descarga gratuita en el sitio web de FA.*

#5008S El anonimato. Pancarta doblada para las reuniones. \$1.00

#5009S Crosstalk “conversación inapropiada”. Pancarta doblada para las reuniones. \$1.00

MATERIALES PARA LOS MIEMBROS NUEVOS

#6001S Carta para el nuevo integrante. Una bienvenida e introducción para miembros nuevos o visitantes. (H) \$.50*

#6003S Carta para el miembro de familia o amigo preocupado. Carta inicial de personas que “han pasado por lo mismo”. (H) \$.50*

#6004S ¿Necesitas FA? Contesta estas 20 preguntas claves para determinar si FA es para ti. (M) \$.50

#6005S Se abre una nueva puerta. Bienvenida y ánimo para el miembro nuevo. \$.80

MATERIALES CON INFORMACIÓN PÚBLICA

#7001S Anuncio de reuniones. (cartel tricolor, 8½"x11") Para tableros públicos. Incluye espacio para el teléfono local y detalles sobre las reuniones. \$1.00

#7003S Familias Anónimas – ¿Es para mí? Datos sobre FA. Información ideal para el público en general. Ideal para que los profesionales les den a sus clientes. Contiene las Doce Preguntas. (F) \$.80

#7009S ¿Está usted desgarrado? Explica a la persona considerando a FA, el compañerismo que se encuentra en las juntas y en la filosofía de FA. \$.80*

#7012S Datos de Familias Anónimas. Datos básicos de FA. (H) \$.50*

#7014S ¿Te agota la desesperación? Te ayuda en determinar si FA es para ti. \$.80*

MATERIALES PARA LOS GRUPOS NUEVOS

¡Destacado!

#8001S Paquete completo de literatura (anteriormente, Paquete para grupos nuevos).

Contiene una copia de cada pieza de literatura disponible en español (excepto libros electrónicos o grabaciones de audio). Puede ordenarse en cualquier momento y por cualquier grupo. \$35.00

¡Destacado!

#8004S Comenzando un grupo nuevo de FA.

Quién, cual, qué, dónde, cuándo, por qué y cómo hacer para crear y manejar un nuevo grupo. Para grupos presenciales o virtuales. *¡Nuevo en español!* (5/2021) Disponible solamente como descarga gratuita en el sitio web de FA.*

* También puede descargarse del internet de forma gratuita en la página web de FA .