

Educational Session: Introduction to Borderline Personality Disorder / Emotion Dysregulation

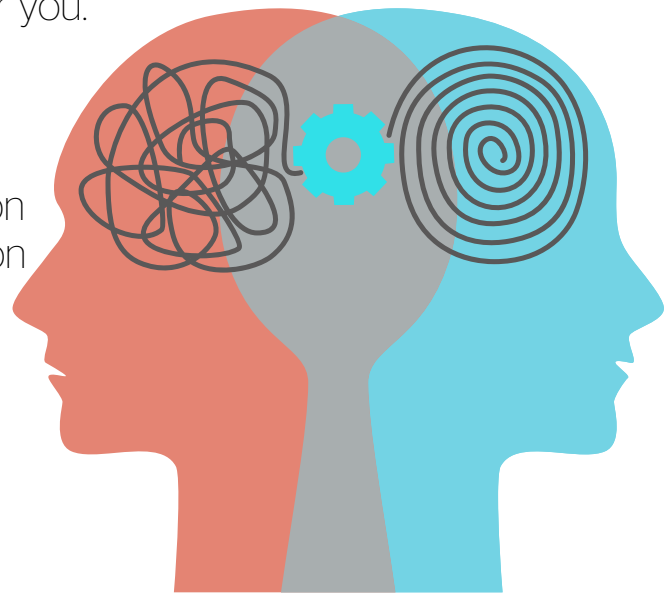


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Led by Karen and Kenneth Johnson
National Education Alliance for Borderline Personality Disorder (NEABPD)

Do you have a family member that struggles with regulating their emotions, leading to angry outbursts and other difficult behaviors? No matter what their diagnosis, the coping strategies discussed in this session may be helpful for you.

The presenters will provide an introduction to the mental health disorder called "Borderline Personality Disorder," which is also sometimes known as "Emotion Dysregulation." The diagnostic criteria for the condition will be described, as well as its prevalence, and theories on its origin. We'll describe the best currently available treatments and the outlook for patient improvement.



[Link to the session here.](#) Advance registration is not required.

Mark your calendar for this important talk, and pass the word to others in your meetings!

Saturday March 11, 1 pm ET

