



- World Service Office 701 Lee Street, Suite 670 Des Plaines, IL 60016
- info@FamiliesAnonymous.org
- <u>FamiliesAnonymous.org</u>
- **&** 847.294.5877

AT A GLANCE

12-STEP MEETINGS

- In-person and virtual
- 400+ locations throughout North America, Europe, Africa, Asia and Australia
- Available in multiple languages

RESOURCES

- Today a Better Way[™] (FA's daily inspiration book)
- Recovery literature
- Educational workshops
- Newsletter
- Conventions

OUR STRUCTURE

FA's leadership responsibilities are entrusted to a membership-elected World Service Board that meets monthly. A business meeting and elections are held annually. In several states, intergroups coordinate local and regional activities. The World Service Office is staffed with two parttime employees and several volunteers.

WHO WE ARE

FAMILIES ANONYMOUS[®] (FA[®]) exists to help people concerned about a relative's or friend's use of mind-altering substances or related behavioral problems. Operating as a 501(c)(3) nonprofit corporation, FA was launched in California in 1972 and has been serving families and friends for over 50 years.

WHAT WE DO

FAMILIES ANONYMOUS is not drug-, alcohol- or behavior-specific. FA members focus on themselves, on their recovery from codependency and on changing any of their attitudes and behaviors (including denial, enabling, rescuing, controlling, manipulating and a whole range of other crippling actions and emotions) that stand in the way of their own recovery and that of their addicted loved ones.

FAMILIES ANONYMOUS is open to all, regardless of our various beliefs—or lack of belief. We are not affiliated with any religion, sect, political entity or institution. No dues or fees are required for membership. Voluntary donations from within the fellowship and purchases of FA recovery resources support our program. FA meetings, guided by our 12 Steps and 12 Traditions, are organized and led by group members on a rotating basis where experience, strength and hope are shared as a way to reinforce each member's recovery and inspire newcomers.

FamiliesAnonymous.org

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