Families Anonymous Minutes of the Meeting of the Board of Directors October 21, 2023

INTRODUCTION

1. Call to Order: 12:04 pm EDT, by Maria S, Chair

2. Roll Call: by Jan B.

<u>Name</u>	WSB Role	Attendance	Monthly Report
Maria S	Chair	P	\mathbf{W}
Chris Y	Vice Chair	P	W
Cindy C	Treasurer	P	\mathbf{W}
Jan B	Secretary	P	W
Ann P	BMAL	P	W
Bob S	BMAL	P	W
Chris Z	BMAL	P	L
Guy B	BMAL	P	W
Helen L	BMAL	P	L
Jeff S	BMAL	P	L
Mike B	BMAL	A	N
Sarah T	BMAL	P	\mathbf{W}
Cristina B	BMAL	A	N
Jeff F	BMAL	E	W

Attendance Key: P=Present, A=Absent, E=Excused, LOA=Leave of Absence

Monthly Report Key: W= Submitted by deadline, L=Submitted after deadline, N=No report submitted, E=Excused for extenuating circumstances, LOA = Leave of Absence

3. Acceptance of Published Agenda:

• Chris Y. moved to accept the Agenda, Bob S. seconded, voted on and accepted.

4. Tradition One:

• Read by Bob S.: "Our common welfare should come first; personal progress for the greatest number depends on unity."

5. Approval of September 2023 WSB Minutes: Jan B

• Jan moved to accept the September WSB Minutes, Ann seconded, voted on and approved. Jan to distribute.

6. Chair's Report: Maria S.

Maria and Bob attended the Day of Sharing which was very enlightening and will be sending their notes from the meeting this week to the Board.

• There were no other comments or questions concerning the Chair's Report.

7. Treasurer's Report: Cindy C

- Cindy provided the monthly financial reports for September 2023 as part of her monthly report.
- There were no other comments or questions concerning the Treasurer's Report.

STANDING COMMITTEE REPORTS

Committee	<u>Chair</u>
SC-1 Public Information	Jeff S
SC-2 WSO	Maria S
SC-3 Literature	Ann P
SC-4 Serenity Messenger Newsletter	Robert S
SC-5 Bylaws, Parliamentary	Maria S (ad interim)
SC-6 International Groups	Helen L
SC-7 Budget Committee	Cindy C
SC-8 Sponsorship	Helen L
SC-9 Group Outreach	Chris Z
SC-10 Financial Oversight	Chris Z
SC-11 Technology	Chris Y
SC-12 Long Range Planning	Mike B

AD-HOC COMMITTEE REPORTS

Committee	<u>Chair</u>
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AH-1 Convention Liaison	Cindy C
AH-2 Intergroup Support & Development	Jeff F
AH-3 Document Review	Ann P
AH-4 Education	Maria S
AH-5 Literature Access Initiative	Maria S

• There were no other additional updates from the Committee Chairs.

UNFINISHED BUSINESS:

1. Vignettes Project (Sarah T.):

- Maria checked on other 12 Step video projects and saw that no other organization acknowledges names on the videos, only the video production company and the Anonymous organization are acknowledged. So in our case it will be TeagleFilms and Families Anonymous.
- May want to put after the acknowledgements, in the fine print, a note about the blurring to anonymize in keeping with our traditions.
- Dissemination: need someone who knows how to get the first video out to treatment centers with a blurb about how this is the first of a series.
- Want the next video to be one of a POC or a woman, not a white male. Maybe do one in Spanish from someone from our Spanish speaking group in Miami. Ann suggested asking Juliette who is fluent in English and Spanish.
- Next topic: Should we continue with Enabling or do one on what it is like walking into an FA meeting for the first time? Jeff S. suggested the counter-intuitive message of FA: coming into FA thinking we have to do everything possible to fix our kids, but learning, eventually, that we need to work on ourselves. And maybe speak to the sense of community that FA brings to us. Bob suggested addressing why people are hurting right now, attract them that way. Sarah said she had started using some of the video she has of Maria talking about denial, maybe can use that. Lots of possibilities.
- See videos as a vehicle for fundraising. Maria asked Cindy if we can insert a QR code in the video that would take people straight to the Donation page. Cindy said she does know how to do that.
- Thank you to Sarah for all her hard work on this project so far.

TABLED ITEMS: None

NEW BUSINESS:

2. Motion to approve the cost of a higher hosting plan level to minimize down time and improve performance of the FA website. (Chris Y):

The website gets overloaded due to plug-ins and requests, so going up from Bronze to Silver gives us more memory, which should be enough to solve the problem. If not, may need to go up to Gold, which is even more money per month. Details regarding this motion (including cost) were provided in Chris Y's board report.

Chris Y. made the motion, Bob seconded, voted on and unanimously approved.

3. Giving Tuesday Matching Program (Cindy C):

This will be the same as last year: Board members commit to an amount by 10/31/23 by sending an email to Cindy. The total amount of all the commitments will be the match amount. Board members need to make the donation by 12/31/23 (if done online, shoot Cindy an email informing her).

Cindy made the motion, Ann seconded, voted on and unanimously approved.

4. Calendar for Awareness activities (Maria S):

The purpose of the calendar is twofold:

- 1. Identify specific awareness activities which can be undertaken by board members, primarily at the national level.
- 2. Identify how the board can encourage and enable groups to take on awareness activities at the local level.

Maria asked that board members review the table, add suggested activities, and volunteer to lead some of them. The table can be used to create email blasts to group secretaries and the fellowship, as well as articles / announcements for the Serenity Messenger and social media.

August might be a good time to reach out to educators.

5. Year-end performance reviews for Nicole and Angel (Maria S):

Will send out feedback forms to those of the board who have done this in the past, need them back by end of November.

CLOSING

- 1. Announcements/items forgotten to mention: none
- **2. Adjournment:** Motion to adjourn was made by Chris Y, seconded by Jan, voted on and adjourned (12:54 pm ET).
- 3. Closed with the Serenity Prayer