

EMAIL TEMPLATES

- Spreading the Word about FA®



Thank you for choosing to help raise awareness about the Families Anonymous® program. We've created these tools to help you spread the word. Feel free to use all or part of these templates, adjusting them as needed to fit your situation. If you have a connection with the recipient, it's helpful to draw on this as you look to share the benefits of FA with them. When asking professionals to help spread the word, let them know how FA has personally helped you in your own recovery. Navigating the family disease of substance use disorder is often confusing and chaotic. No friend or family member should have to struggle alone.

Make a meaningful difference! Help "Spread the Word" about FA.

#1 - INDIVIDUALS YOU'VE MET IN ANOTHER SETTING

Perhaps you've met someone at a recovery center's family workshop or another meeting you attend. Below are sample emails to use to share Families Anonymous and invite them to an FA meeting.

Sample Invitation to an **In-Person** Meeting

Hi, _____,
I was at (insert event) on (insert day/night). I'm glad you were there, too, and I hope you found some comfort in knowing you are not alone. As I mentioned in the meeting, I've been attending Families Anonymous and have found it very helpful to me. Navigating this chaos is not easy, but it helps to hear from other people in similar situations and from those who've been down this road before.

We meet (insert day of week and time) at (insert name of meeting site). It would be great if you could join us. The address is:

(insert address of meeting location, room, etc.)

I've attached some information about FA you may find helpful. (Attach your choice of free FA e-resources to the email.)

In the meantime, if you wish to reach out, please feel free to call/text/email me. Sometimes it's just nice to speak with someone who has been through a similar experience.

Take care,
Your Name
Cell Number

Sample Invitation to a **Virtual** Meeting

Hi, _____,
I was at (insert event) on (insert day/night). I'm glad you were there, too, and I hope you found some comfort in knowing you are not alone. As I mentioned in the meeting, I've been attending Families Anonymous and have found it very helpful to me. Navigating this chaos is not easy, but it helps to hear from other people in similar situations and from those who've been down this road before.

We meet online and it would be great if you could join us. Our meetings take place on (insert day of week and time). I've included our login info below:

(insert meeting link, login ID and password)

I've attached some information about FA you may find helpful. (Attach your choice of free FA e-resources to the email.)

In the meantime, if you wish to reach out, please feel free to call/text/email me. Sometimes it's just nice to speak with someone who has been through a similar experience.

Take care,
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Have questions? Need help?
Please reach out to us at
pie@FamiliesAnonymous.org



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#2 - PROFESSIONALS YOU KNOW

As you've navigated someone else's drug addiction or alcoholism, you've likely crossed paths with various professionals along the way. Below are sample emails to use to ask them to share the FA program with other concerned friends or family members.

Sample Email for an **In-Person** Meeting

Hi, _____,
My son/daughter/spouse, _____, was at (insert professional's organization) in (insert appropriate time frame) and you were his/her (insert role). You may recall, I met you during (insert when you met). I've found help in a local Families Anonymous (FA) group and would like to ask you to please share information about our meetings with other family members you meet. Navigating the family side of addiction/alcoholism is not easy, and it helps to know we're not alone.

Anyone concerned about another person's use of drugs, alcohol or related behaviors is welcome to attend an FA meeting. We meet (insert day of week and time) in (insert city/state). The address is:

(insert address of meeting location, room, etc.)

FA offers many other in-person and online meetings if this time or location is not convenient. The full directory of meetings is available at **FamiliesAnonymous.org**.

I've attached some information about FA you may find helpful. (Attach your choice of free FA e-resources to the email.) Please share it with anyone you think could benefit.

Optional text if you're willing to be contacted ...

Please feel free to share my contact information with other friends or family members who may have questions or wish to talk/text/email. Sometimes it's just nice to speak with someone who has been through a similar experience.

Thanks for sharing Families Anonymous!

Your Name
Cell Number

Sample Email for a **Virtual** Meeting

Hi, _____,
My son/daughter/spouse, _____, was at (insert professional's organization in (insert appropriate time frame) and you were his/her (insert role). You may recall, I met you during (insert when you met). I've found help in a local Families Anonymous (FA) group and would like to ask you to please share information about our meetings with other family members you meet. Navigating the family side of addiction/alcoholism is not easy, and it helps to know we're not alone.

Anyone concerned about another person's use of drugs, alcohol or related behaviors is welcome to attend an FA meeting. We meet online (insert day of week and time). I've included our login info below:

(insert meeting link, login ID and password)

FA offers many other in-person and online options if this time is not convenient. The full directory of meetings is available at **FamiliesAnonymous.org**.

I've attached some information about FA you may find helpful. (Attach your choice of free FA e-resources to the email.) Please share it with anyone you think could benefit.

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#3 - PROFESSIONALS YOU'VE NEVER MET

Recognizing the value of the FA program in addition to the services they provide, counselors and therapists often encourage their clients to attend FA meetings. Educators, employers, faith leaders, healthcare providers and law enforcement personnel may also have the opportunity to refer people. Sample emails to ask them to share the FA program with concerned friends or family members follow.

Sample Email for an **In-Person** Meeting

Hi, _____,
I am a **friend/family member** of someone who struggles with **(addiction/alcoholism/substance use disorder)**. As you may already know, this disease impacts friends and family members as well. Navigating the family side of drug addiction or alcoholism is not easy, but I've found help in a local Families Anonymous (FA) group and would like to ask you to please share information about our meetings with other people you feel may benefit from being part of a group of people who share similar circumstances. It makes a difference to be with others who understand, and it really helps to know we're not alone.

Anyone concerned about another person's use of drugs or alcohol or related behaviors is welcome to attend an FA meeting. We meet **(insert day of week and time)** in **(insert city/state)**. The address is:

(insert address of meeting location, room, etc.)

FA offers many other in-person and online meetings if this time or location is not convenient. The full directory of meetings is available at **FamiliesAnonymous.org**.

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Optional text if you're willing to be contacted ...

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Thanks for sharing Families Anonymous!

Your Name
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Sample Email for a **Virtual** Meeting

Hi, _____,
I am a **friend/family member** of someone who struggles with **(addiction/alcoholism/substance use disorder)**. As you may already know, this disease impacts friends and family members as well. Navigating the family side of drug addiction or alcoholism is not easy, but I've found help in a local Families Anonymous (FA) group and would like to ask you to please share information about our meetings with other people you feel may benefit from being part of a group of people who share similar circumstances. It makes a difference to be with others who understand, and it really helps to know we're not alone.

Anyone concerned about another person's use of drugs or alcohol or related behavioral problems is welcome to attend an FA meeting. We meet online **(insert day of week and time)**. I've included our login info below:

(insert meeting link, login ID and password)

FA offers many other in-person and online options if this time is not convenient. The full directory of meetings is available at **FamiliesAnonymous.org**.

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