

# SERENITY MESSENGER

*The Newsletter of the Families Anonymous fellowship*

*For relatives and friends concerned about another's use  
of drugs, alcohol, or related behavioral problems*

YOU  
ARE NOT  
ALONE



## EDITOR'S NOTE

There's an old joke that asks, How do you eat an elephant? The answer of course is, One bite at a time. This speaks to the power of persistence: the repetition of small steps to gradually achieve a result that, at first glance, might seem impossible.

An impressive example in nature is the Grand Canyon. Incredibly, that magnificent, miles-long chasm was chiseled out of solid stone by the simple action of water running across the rock. It took millions of years, but the water remained constant, and the earth eventually gave way.

In Families Anonymous, we see persistence as a virtue. We go to meetings, week after week, year after year, and learn about the principles of this program. This may seem needlessly repetitive at times, even boring. But it's not. There's a method to the madness.

No matter how often we've heard the basic readings, or the daily reflections from Today A Better Way, as we grow in our recovery and make an effort to actively engage and honestly listen with our hearts, we start to hear something new each time. The water of clear thinking starts to trickle through the rock of our muddled consciousness. We discover that we can continue to uncover useful insights and grow – but only as long as we show up, engage, and continue to listen.

As the saying goes, Keep coming back. That's persistence.

Perseverance is another matter, but we need that, too. Perseverance means overcoming obstacles and enduring setbacks but nonetheless keeping the course – persisting – in the faith that our efforts will pay off eventually.

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Historical examples abound. Thomas Edison failed literally thousands of times before he perfected a workable electric lightbulb. It took Helen Keller years to break out of a personal prison of blindness and profound deafness to become a world-famous author and example to disabled persons everywhere.

If we persist in attending meetings, and persevere in our recovery by faithfully reading the materials, rigorously examining and improving ourselves, getting in touch with our Higher Power, and letting our fellow FA members help us either in their role of sponsor or simply by relating their stories of strength and redemption at our meetings, we can eventually find peace. When we say, "Keep coming back," it means showing up, actively taking part, and having faith that everything we do to build our recovery will ultimately make a positive difference in our lives.

Our FA program gives us the tools to eat that elephant and carve that canyon, bite by bite and drop by drop.

It takes persistence and perseverance and faith, and you are worth it.



**IN FELLOWSHIP,  
BOB S.**

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## FOCUS: GROUP

*Englewood, NJ, Group 1152, Celebrates its 35th Anniversary*

### FA GROUP MEMBER COSTAS G., WHO HAS WITNESSED THE GROUP'S JOURNEY FOR OVER THREE DECADES, SHARES FOND MEMORIES AND LESSONS

I had just returned from a mandatory family visit to the rehab my older daughter was being treated at for her drug addiction. Before I left, a counselor said to me, "Consider joining Families Anonymous. It will help you and your family."

So, a week later, on March 22, 1991, I found myself in a small conference room of the local hospital with eight or ten members of the Englewood NJ Friday Night Group of FA. Four of them, Geri, Joel, Terri and Jessie, were the founding members. They asked me to listen to the shares of the group, and I did.

**"THIS PROGRAM IS FOR YOU. TAKE THE FOCUS OFF YOUR DAUGHTER AND PUT IT ON YOURSELF,' THEY SAID. I FOUND IT IMPOSSIBLE TO DO SO..."**

I tried hard to understand their viewpoint. "This program is for you. Take the focus off your daughter and put it on yourself," they said. I found it impossible to do so, being in the grip of emotional pain and fear to a degree that I had never felt before. So, my share was words mixed with sobs, asking, "How can I get my daughter to be what she was before she found drugs: a loving, considerate, responsible, and joyful member of the family?" That was the beginning of my journey in FA.

It took a long time – not months but years – of coming back, week after week, still not 'getting it,' focused on and constantly thinking of my daughter, sometimes with my heart full of hope, but most of the time full of fear of her progressive use of drugs.

The founding members were always there and would answer our calls, anytime of the day or night. With the passing of time, they became the needed, wise, tough and loving old-timers of the group.

The mantra was, This is a counterintuitive program of personal actions needed to bring about a fundamental change in us, specifically a change of our reactions. "If nothing changes, nothing changes," they would say.

What they helped all of us accomplish in our meetings was extraordinarily beautiful. We created a forum where we could all share without shame, with increasing honesty, and often with a healthy sense of humor in our examples of the insanity of our behaviors and darkest fears.

**The founding members were always there and would answer our calls, anytime of the day or night.**



## FOCUS: GROUP

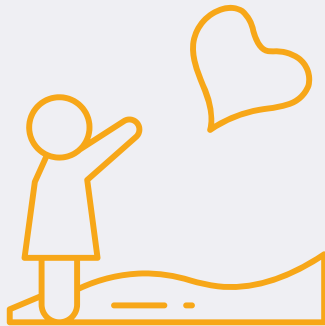
*cont'd*

So all of us, in our own time, came to understand that we were no longer alone, that we needed and were there to help each other get the courage and strength to change, claim back our serenity, and have high hopes. Courage, strength, serenity, hopes – all these are gifts we could not have acquired alone.

The 35th Open Anniversary Meeting was shaped through a labor of love by the family members who organized the event and took part in introducing those who shared: Priscilla; Maria S., chair of the World Service Board and member of FA's Bradenton, FL, group; Terri, reading Connie's share; my wife, Maureen; Anna, our daughter; and Sarah, reading a share of her dad, Jimmy K.

Jimmy, who passed away last year, was the torchbearer of our four founders – beloved, wise, and 'always there,' *First Among Equals* of the Englewood group. I am taking the liberty of including a good part of that share, which exemplifies the joyous, hopeful tenor of this group and its 35th Anniversary celebration:

"We are celebrating the anniversary of the founding of the Englewood group of Families Anonymous. What we are really celebrating is us. **Most of us found our way here because of someone that we loved so much, who was suffering so much that it was causing pain, grief, anxiety, and an overwhelming malaise for the entire family.** We came to ask, How can we fix our loved one? How can we prevent their suffering? How can we make them stop using? How can we make them behave better?



"We didn't know that we couldn't do any of that. For me, that was a huge disappointment. As a chronic, professional-grade codependent, **letting go was not an available option. Until it became the only option.**

**"Early in my journey toward recovery, I learned from the old-timers in the group that I had choices. I didn't know that.** I thought and believed that everything my children did did or didn't do was my responsibility. My thinking was that it was on me to either fix or at least apologize for all bad behaviors. That's what a good parent does. Right?

"Those old-timers pointed out that our children had to be held accountable for their own actions. **As long as we took responsibility for their actions, they wouldn't.**

## FOCUS: GROUP *cont'd*

"They also pointed out that **our loved ones suffering from SUD were not bad people**, even though they often did bad things. They were different and needed to be parented differently. They had a disease.



"This disease of addiction is chronic and incurable. It is, however, treatable. We, too, have an illness. It's called codependency or enabling. It is also treatable. "By whatever means we found our way to this room, this program, we slowly began to learn new ways to live a new and different way of living.

**That new way of living demanded that we change our focus from them to us.** We learned that this program is for us. We had to learn how to take better care of ourselves.

"The reasons for making these changes are simple. The actions required to make these changes are anything but simple, but they are absolutely necessary. We discuss them every Friday night at our regular meeting. "The reasons for making these changes are why we are celebrating us tonight. The reasons include but are not limited to these truths of fact: **We count! We matter! We are important! We are worth it! We deserve a better way to live! I can only ask you to please take better care of yourself, and for tonight, let's celebrate US!"**



COSTAS G., GROUPS 1152 AND 2056



Want to learn more about how your FA group can thrive and grow? Go to [familiesanonymous.org](https://familiesanonymous.org), click on "Members" and go to "Group Materials," where you'll find an array of helpful, informative publications concerning group dynamics and management.

Still have questions? Send an email to the Group Outreach Committee at [GO@familiesanonymous.org](mailto:GO@familiesanonymous.org).

Have a great meeting!

## COURAGE TO WORK ON OUR CHARACTER

*FA Member Lee J. Reflects Deeply on Step 6*



In FA I learned that my efforts to prevent my son's use of drugs and alcohol by yelling, lecturing, warning, demanding, rescuing and threatening were wrong. These behaviors were wrong not because my wife and I had no right to establish ground rules for him living in our home, but because all our efforts to control him were counterproductive. They were wrong because I was trying to control something I had no power to control, namely my son's willful decisions.

My behaviors weren't resulting in my son's compliance with our rules, but they were contributing to unhealthy power struggles and a toxic home environment. My wife and I were the ones who needed to change. Steps 5, 6 and 7 (the "clean-up steps") outline how we needed to change, focusing on our "wrongs," our "defects of character," and our "shortcomings."

Step 6 specifically names character defects and asks if we are ready to have our Higher Power remove them. But what is a character defect? For that matter, what is character? Applied to human beings, the dictionary defines character as a distinctive trait, essence or attitude. It

is a person's essential quality, pattern of behavior, or personality. Character is related to but very different from individual behaviors, be they deemed right or wrong. I compare it to the difference between climate and weather. Some behavioral professionals say that our basic personality cannot change, but that we can develop adaptive behaviors as we grow and go through life.

Character is revealed through many of our traits. Examples of character traits include bravery (courage), perseverance, honesty (integrity), love (valuing close relations with others), kindness, forgiveness, humility, gratitude, humor and spirituality, to name just a few.

**Applied to human beings, the dictionary defines character as a distinctive trait, essence or attitude. It is a person's essential quality, an individual's pattern of behavior or personality.**



Step 6 requires us to reflect on our personal character traits. How brave am I; how persevering, honest, loving, kind, forgiving, humble, grateful? Do I have a sense of humor? What is my spirituality? The answers to these questions require deep introspection. There may be no simple right-or-wrong, yes-or-no answers; they will likely be within a range. For example, the question may not be am I honest or not, but how honest am I? Not am I brave, but how brave am I? How kind, forgiving, or humble?

## COURAGE TO WORK ON OUR CHARACTER

*cont'd*

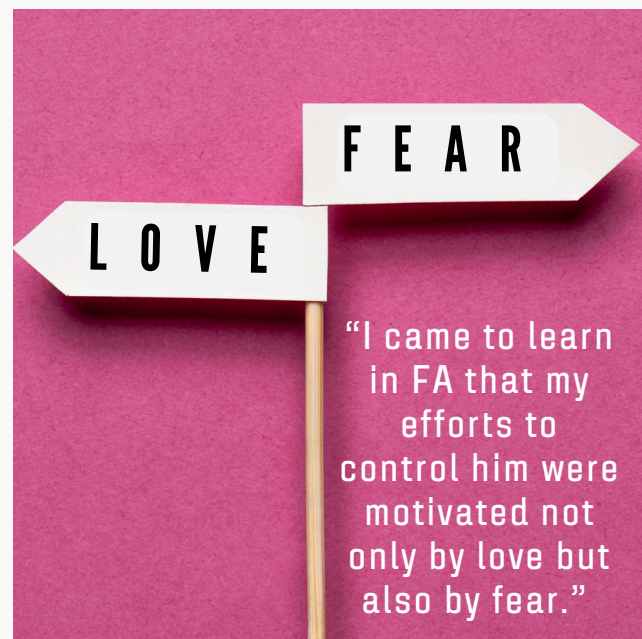
### STEP 6 REQUIRES US TO REFLECT ON OUR PERSONAL CHARACTER TRAITS. HOW BRAVE AM I; HOW PERSEVERING, HONEST, LOVING, KIND, FORGIVING, HUMBLE, GRATEFUL? DO I HAVE A SENSE OF HUMOR? WHAT IS MY SPIRITUALITY?

This line of introspection will likely reveal areas of strength as well as areas where we still have some character defects and can improve. Step 6 first asks if I am ready to have my Higher Power remove my defective traits. The quandary is that I don't necessarily want the whole trait removed, only the defective part of it. Removing the trait removes the possibility of my growth or improvement in that trait. This makes me think of the parable about a landowner who sowed wheat in his field only to find the next day an infestation of weeds. His laborers asked if he wanted them to rip out the weeds. The landowner said, "No, lest you uproot the wheat along with the weeds. Let them both grow. We will separate them at the harvest."

I suggest the following metaphor for working Step 6. Think about caring for your lawn. A lush, healthy lawn requires attention to both the weeds and the grass. The thicker the grass, the harder it is for weeds to grow (or so they say). Weeds can be rooted out, but the grass itself needs nourishment. Most good fertilizers do both. They are a blend of weed killer and grass enrichers.

Back to my character traits. I knew I loved my son, but I came to learn in FA that my efforts to control him were motivated not

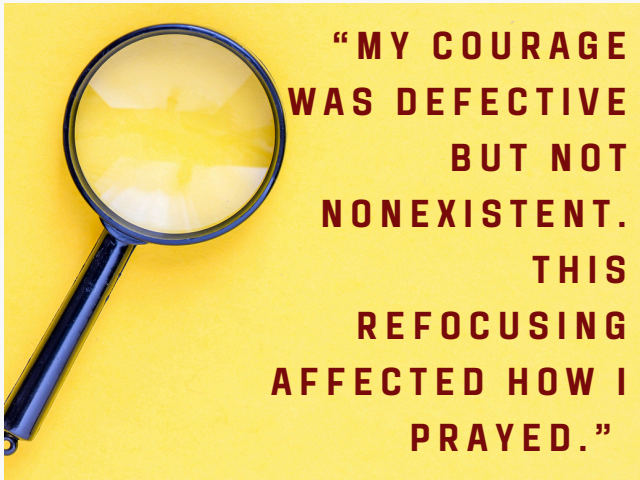
only by love but also by fear: fear of losing him to homelessness or suicide; fear of what people would think of my wife and me if they knew our son was addicted to alcohol or drugs. I was concerned about myself as much as I was about him, which was a defect impairing my ability to fully love him. I had to come to terms with my fears in order to love him more fully. I began drawing on other character traits including kindness, forgiveness, gratitude and spirituality to increase my love.



I never thought of myself as a cowardly person, but I came to realize I needed more courage to confront my son's poor decisions. I had to be stronger in establishing clear boundaries and consequences and firmer in letting him suffer the consequences of his choices. My courage was defective but not nonexistent. This refocusing affected how I prayed. I started praying to my Higher

## COURAGE TO WORK ON OUR CHARACTER

*cont'd*



Power not to remove things but, instead, to increase or strengthen things: increase my love, strengthen my faith and trust, help me identify my son's gifts and positive qualities.

Character traits can be strengthened through our everyday experiences, even adversities. Also, character traits complement each other. Our FA program is designed to strengthen our character and character traits. Steps 8 and 9 (the "make-up steps") work on our relationships with others. If I have hurt or offended someone, either intentionally or unintentionally, I am encouraged to make the effort to heal that relationship by apologizing and asking for forgiveness or, at the very least, by changing my behaviors that contributed to causing the hurt or offense. If I carry resentments toward someone, I am challenged to exercise my character trait of forgiveness. Step 10 (a "keep-up" step) talks about keeping our personal inventory up to date, thereby exercising our traits of honesty and humility.

Throughout the 12 Steps, our spirituality is given a chance to expand and grow. When we're tempted to control other people, we are asked to return to Step 3 and surrender to our Higher Power to help us achieve serenity and peace of mind. In Step 11 we explore how we can keep that relationship strong through specific means of prayer and meditation.



**"I CONSIDER CHARACTER TRAITS TO BE LIKE MUSCLES. THEY NEED TO WORK TO BECOME STRONGER. I KNEW I WANTED MY SON TO CHANGE (AND I ALSO KNEW HOW I'D LIKE OTHERS TO CHANGE)."**

I don't expect my Higher Power to remove any character defect I stubbornly want to hold on to. I consider character traits to be like muscles. They need to work to become stronger. I knew I wanted my son to change (and I also knew how I'd like others to change). FA has taught me to work on changing myself and praying that my Higher Power will help me grow and improve my character defects. That's enough work for my lifetime.

LEE J., GROUP 173

## ONE OF THE HARDEST DECISIONS

*A Mother Recalls How She Made the Difficult Decision to Skip Her Son's Wedding*

One of the hardest decisions I ever had to make in my life was deciding whether to attend my eldest son's wedding. The point of contention was his sobriety as well as that of his bride. Although I know with all my heart that I made the right decision, it was not one that I had come to easily. Leaning heavily on what I had learned in Families Anonymous over the years and what I knew to be true in my heart, this mother made the gut-wrenching decision to stand up alone.

Despite much input from family and friends who offered their opinions and theories to the contrary, I stood firm in my belief that until the couple was willing to get professional help with their addictions, I would not be able to participate in their wedding. For me, there was no rationalizing that my son had just totaled his car amid overdosing, and that this was now being swept under the rug.

Patently, my FA family listened as I shared in our weekly meetings. The group was a haven of understanding and support. There were occasions when I wondered if I was speaking rationally as emotions took over. Only by working my program more intensely did I find solace with this difficult decision. Working the Steps and using the phone list to connect with others helped significantly. A kind voice on the other end of the phone allowed me to find support between meetings. I made the commitment to read from the Red Book more regularly, highlighting the passages that stood out to me the most.

Today, I look back on that time and the fork in the road that presented itself. I know that I was able to persevere only by using FA tools available to me. It would have been so easy to go down the rabbit hole of despair, but instead I worked the program because I am worth it.

CINDY S., GROUP 2056

*Leaning heavily on what I had learned in Families Anonymous over the years and what I knew to be true in my heart, this mother made the gut-wrenching decision to stand up alone.*



### THINKING OF SUBMITTING AN ARTICLE OR ANNOUNCEMENT TO THE SERENITY MESSENGER?

For our upcoming issue, the deadline to submit announcements is **August 10th.**

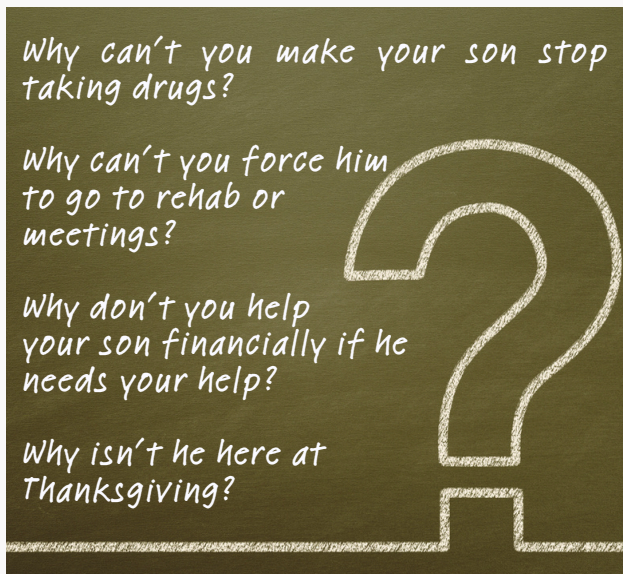
We gladly accept submissions of original articles, letters, poetry, or artwork at any time!

Email us at [newsletter@familiesanonymous.org](mailto:newsletter@familiesanonymous.org).  
We'd love to hear from you!



## USING FA PRINCIPLES TO ANSWER OTHERS' QUESTIONS

*Questions About Addicted Loved Ones Aren't Easy to Answer. FA Member Nadine W. Writes How She Has Learnt to be Honest.*



These are questions I've received from well-meaning friends and family about my son, who suffers from substance use disorder (SUD). The underlying question seems to be, "Why can't you fix him?" At times, I find it difficult to come up with appropriate answers.

When asked these questions, I feel pressure and wonder whether I'm doing the right thing. It's challenging to figure out what's my responsibility and what isn't. FA principles have helped me feel confident in my decisions and keep my sanity and serenity.

Attending FA meetings and hearing others' stories have shown me that people without an addicted loved one don't understand the complexities of the decisions we're forced to make, sometimes on a daily basis. We can't fix or control anyone's actions. We're powerless over other people. That's obvious, because if we could magically change them, there would be no one suffering from SUD.

Wanting help has to come from a real desire to change. This is true both for our loved ones suffering from SUD and for ourselves. We won't undertake the hard work of changing ourselves until we've become desperate, until we don't see any other way. As they say, we only change when the pain of change is less than the pain of staying the same.

Our troubled loved ones react the same way. Pushing them to do something they're not ready to do doesn't work and leaves us frustrated. It can also be a waste of money and create expectations that don't come true.

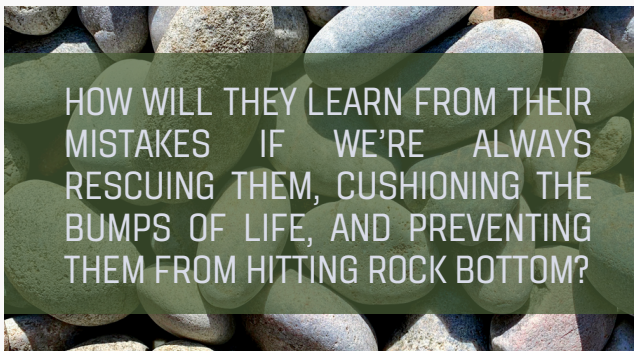


I've found that doing things for my son that he can do for himself actually lowers his self-confidence. This leads to the paradoxical result that he becomes even less capable as a result of my "help."

## USING FA PRINCIPLES TO ANSWER OTHERS' QUESTIONS *cont'd*

"There is nothing that we as individuals can do to prevent another's abuse of drugs, but we have learned there is much we can do to avoid standing in the way of his or her recovery." Family and friends may not grasp the importance of permitting our loved ones to take responsibility for their actions by "giving them an opportunity to pursue their own destiny, regardless of what their choice may be." (Both quotes are taken from the *Families Anonymous Basic Pamphlet* [#1004 in FA's literature catalog].)

How will they learn from their mistakes if we're always rescuing them, cushioning the bumps of life, and preventing them from hitting rock bottom? By denying them the freedom to fail, we also deny them the satisfaction of success.



Fear has sometimes led me to "help" my son in ways that were detrimental to his growth. I've paid his legal fees and given him money that he spent on drugs. I've covered up his mistakes and made excuses to friends and family for his actions.

**NOW I ANSWER QUESTIONS FROM FAMILY OR FRIENDS WITH HONESTY. I WILL TELL THEM I DON'T KNOW WHERE HE IS ON THANKSGIVING, IF THAT'S THE TRUTH.**

I see now that I was doing what was comfortable for me, but it didn't encourage his growth or help him learn from his mistakes.

Now I answer questions from family or friends with honesty. I will tell them I don't know where he is on Thanksgiving, if that's the truth.

I accept the reality of my situation.

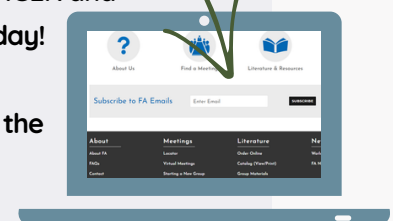
NADINE W., GROUP 1301



# SIGN UP TODAY!

If you don't want to miss an issue of the SERENITY MESSENGER and other FA announcements, subscribe to FA Emails today!

Visit [familiesanonymous.org](http://familiesanonymous.org), scroll to the bottom of the homepage, fill in your email and hit Subscribe.  
It only takes a minute - do it now!





## SPOTLIGHT ON LITERATURE:

*Changing Our Attitudes, Changing Ourselves*

**ORDER**

**now!**



**CHANGING  
OUR  
ATTITUDES,  
CHANGING  
OURSELVES**

FA Families Anonymous, Inc.

**JUST \$4.00 WILL GET YOU  
GOING ON YOUR OWN  
MOMENTOUS JOURNEY OF  
CHANGE. [CLICK HERE!](#)**

Change is a big, important word, especially in the FA world. It appears twice in the Serenity Prayer, and twice again in the slogan, “Nothing changes if nothing changes.” Change appears numerous times in the Helping reading, the last line of which is, “I, too, am always changing, and I can make that change a constructive one, if I am willing. I can change myself. Others I can only love.”

But how? Change is difficult, so how do we actually create change in ourselves? How many of us are good at walking the walk, not just talking the talk?

In FA’s newest piece of literature, *Changing Our Attitudes, Changing Ourselves* (#1039 in the literature catalog), we find a roadmap to doing just that: to changing ourselves. *Changing Our Attitudes, Changing Ourselves* helps us first

understand our attitudes: what they are, where they come from, and where they have been leading us. Once we acknowledge and accept what lies behind our attitudes (beliefs, behaviors, fears, etc.), we can start on our journey of change.

The first part of *Changing Our Attitudes, Changing Ourselves* focuses on getting ready to make changes. This involves understanding the sources of our attitudes: beliefs, perceptions, feelings, behaviors and outcomes. These five sources create our attitudes, but in turn our attitudes then reinforce our existing beliefs, perceptions, feelings, behaviors and outcomes. This circularity often keeps us stuck and unable to change.

However, the second part of *Changing Our Attitudes, Changing Ourselves* presents us with a way to break that vicious cycle. We learn about being open to change, about how our attitudes can cause trouble, as well as what obstacles stand in our way.

Part II also describes how Families Anonymous helps us change ourselves. Included in this section is a recounting of one FA member’s journey of change. Additionally, there is a discussion of how to maintain changes and whether changing ourselves can lead to our addicted loved ones changing themselves.



This piece ends with the Twelve Promises of FA, a reminder of all the positive outcomes that are waiting for us when we work the program and change ourselves.



## FA NEWS: THE FA LITERATURE COMMITTEE NEEDS YOU!



**DO YOU HAVE IDEAS FOR NEW LITERATURE FOR OUR FELLOWSHIP?**

**DO YOU LIKE TO WRITE AND/OR EDIT?**

**DO YOU HAVE SPECIAL SKILLS, SUCH AS GRAPHIC DESIGN?**

**DO YOU HAVE EXPERIENCE CREATING ELECTRONIC MEDIA?**

If you have *any* of these skills or others that could benefit the Literature Committee (LC), please consider joining us!

Given the convenience of videoconferencing technology, the LC is able to—and does—include FA members from all over the U.S. as well as several other countries.

All someone needs is a fluent command of English, a strong grasp of the FA program, a willingness to work both independently and as part of a committee, and a desire to spread FA's written message of hope and recovery to people within the fellowship and beyond it.

The LC has two teams of members:

**ACTIVE TEAM MEMBERS** are able to work consistently on LC projects and be involved in the committee's decision-making process. Active members meet once a month, as a committee, via Zoom.

**RESOURCE TEAM MEMBERS** have particular skills that are needed occasionally; or they have special interests that they choose to focus on (such as doing graphic-design work or translating FA's literature into Spanish). Resource members are invited to the LC's monthly Zoom meetings but are not required to attend on a regular basis.

### WE ARE WAITING TO HEAR FROM YOU!

Please contact the WSO at (847) 294-5877 or [famanon@FamiliesAnonymous.org](mailto:famanon@FamiliesAnonymous.org), and leave the following information for the FA Literature Committee:

- Your first name and last initial
- Your telephone number
- Your email address
- Your special skill set or interest, if any

**Serving on the Literature Committee is a great way to give back to the fellowship while enhancing your own recovery.**

# 2025 FAMILIES ANONYMOUS WORLD SERVICE CONVENTION

JULY 25 - 27, 2025

Welcome to Chicago/Oak Brook as we come together for our 1st FA World Service In-Person Convention since 2019! This wonderful event will take place at the Marriott Oak Brook, just 25 minutes west from Downtown Chicago! Our Theme is **'THE PRESENT – A GIFT YOU GIVE YOURSELF'**, and will include 3 days of professional speakers, entertainment, workshops, and networking. Come join us to learn how FA can help you relate with a family member or friend affected by mind-altering substances or related behavioral issues. Whether you are an active member of Families Anonymous or have just heard of this group, we welcome you to attend. Learn how you can find serenity in your life despite unsolved problems!



**THE PRESENT:**  
A GIFT YOU GIVE YOURSELF



## When

JULY 25TH - 27TH, 2025

## Where

CHICAGO MARRIOTT OAK BROOK  
1401 WEST 22ND STREET, OAK BROOK, IL 60523

- Convention Room Rate \$139 per night (King/2 Queens) Rate guaranteed 2 days before and after
- 30-35 minutes from O'Hare & Midway airports. Free Parking
- To book a room, call 630-573-8555 and use code M-UM9LWMY or [click here](#)



## questions?

EMAIL

[FACHICAGOLAND@AOL.COM](mailto:FACHICAGOLAND@AOL.COM)

OR CALL 847-795-8320

## Early Individual Registration

**\$225 PP PER REGISTRATION. INCLUDES SPEAKERS, 4 MEALS, AMENITIES**

(Must be received in the office by **July 15th, 2025**. Cash, check, credit card)

## 2025 FAMILIES ANONYMOUS WORLD SERVICE CONVENTION (cont'd)

### Registration after July 16

**\$240 PP PER REGISTRATION, INCLUDING WALK-IN REGISTRATION:  
(CASH, CHECK, CREDIT CARD)**

Please make checks payable to: Chicagoland FA Intergroup  
Mail to: Chicagoland FA Intergroup 2024 Convention  
701 Lee St., Suite 670  
Des Plaines, IL 60016

**[Click HERE for registration form](#)**

Zelle Payment: [Fachicagoland@AOL.com](mailto:Fachicagoland@AOL.com)

(Pay with Zelle, Credit Card or mail/email Registration Form)



#### **DINING**

Oak Brook Center Mall (across street)



#### **RECREATION**

On-site Fitness Center, Golf Courses, Tennis Courts and Hiking nearby



#### **SURROUNDING ATTRACTIONS**

Drury Lane Dinner Theater (5 minutes)  
Brookfield Zoo (16 miles)  
Morton Arboretum (15 minutes)  
United Center (30 minutes)  
Downtown Chicago (35 minutes)  
Museum Campus (40 minutes)



# DONATIONS

## COMMEMORATIVE DONATIONS

- Wishing our friends Alex and Marilyn a speedy recovery, on behalf of Syracuse, NY, Group 1301
- In memory of Steve E., on behalf of Group 1844
- In memory of Kevin P., son of members of the Charlottesville, VA group for many years, on behalf of Charlottesville, VA, Group 1561
- In Memory of Harry K Harry K is the founder of group 262. It is Harry's 2nd anniversary in Heaven We miss him dearly and think about him at each of our meetings. May he rest in peace. On behalf of Garden City, NY, Group 262



## GROUP DONATIONS FEBRUARY - APRIL 2025

### Over \$500

- GR0494 IL, Winnetka
- GR1318 FL, Boca Raton
- GR1651 E-Meeting
- GR5004 Spain NSB

### \$101 to \$500

- GR0133 CT, Hartford
- GR0134 FL, South Miami
- GR0173 IL, Park Ridge
- GR0478 IL, Glenview
- GR0746 IN, Evansville
- GR1301 NY, Syracuse
- GR1522 IL, Chicago
- GR1974 NY, Syosset
- GR1979 CA, Ridgecrest
- GR2056 FL, Bradenton
- GR3001 IL, Chicagoland Intergroup
- GR4025 Southern Greece Intergroup
- GR5003 Portugal NSB

### Up to \$100

- GR0121 CA, Torrance
- GR0171 IL, Arlington Heights
- GR0279 NY, Amityville
- GR0777 IL, Chicago
- GR0780 NY, Harrison
- GR0831 IL, Skokie
- GR0853 IL, Palos Heights
- GR1833 Canada, Winnipeg
- GR1836 FL, Delray Beach
- GR1978 VA, Richmond

As per the Seventh Tradition, each group should be self-supporting. Your donations also help support the activities of the World Service Office. For more information on how to donate, please [click here](#) or visit [www.familiesanonymous.org](http://www.familiesanonymous.org) and click DONATE!

Thank you for supporting the many activities of FA World Service.  
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