

Families Anonymous® World Service Board–Approved Literature Catalog

EFFECTIVE OCTOBER 10, 2025

Families Anonymous, Inc. • 701 Lee Street • Suite 670 • Des Plaines, IL 60016

(800) 736-9805 [USA only]
 (847) 294-5877 [Worldwide] • (847) 294-5837 [Fax]



Website: www.FamiliesAnonymous.org
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LITERATURE CATALOG CONTENTS

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I.
SELECTED TITLES SUMMARIZED BY TOPIC

ACTION → RECOVERY

#1028 Setting Boundaries: A Very Loving Thing to Do ... **#1036** Understanding and Releasing GUILT ... **#1037** Keeping What's Mine & Letting Go of What's Not ... **#1038** Humility: An Essential Key to Our Recovery ... **#1039** Changing Our Attitudes, Changing Ourselves ... **#2001** FA's Do's and Don'ts ... **#2003** Helping ... **#2003-1** Negatives to Positives: #1 in the *Helping* Series ... **#2003-2** Fear to Faith: #2 in the *Helping* Series ... **#2003-4** Hostility to Understanding: #4 in the *Helping* Series ... **#2004** FA and Me ... **#2013** Families Anonymous Recovery Checklist ... **#5001** FA Tools of Recovery: A Handbook for Members ... **#5003-2** About Substance Use Disorder ... **#5010** The Twelve Traditions in Action ... **#5013** Avoiding the Four Destructive Forces ... **#5014** Five Faces of Anonymity ... **#7007** Spread the Word About Families Anonymous

CODEPENDENCY & ENABLING

#1005 Alternative to Enabling: The Tough Love of Families Anonymous ... **#1026** What Do I Say? ... **#1028** Setting Boundaries: A Very Loving Thing to Do ... **#1029** Tough Love—for Whom?: A Message About Change ... **#1036** Understanding and Releasing GUILT ... **#1037** Keeping What's Mine & Letting Go of What's Not ... **#1039** Changing Our Attitudes, Changing Ourselves ... **#2003** Helping ... **#2003-1** Negatives to Positives: #1 in the *Helping* Series ... **#2003-3** Contempt to Respect: #3 in the *Helping* Series ... **#2003-4** Hostility to Understanding: #4 in the *Helping* Series ... **#2003-5** Manipulation to Release With Love: #5 in the *Helping* Series ... **#2004** FA and Me ... **#2012** Letting Go, Letting Grow ... **#5003-2** About Substance Use Disorder

EXPECTATIONS

#1012 No More Expectations! ... **#1013** Our Son Is in Recovery and Coming Home: One Family's Story ... **#1038** Humility: An Essential Key to Our Recovery ... **#2003-4** Hostility to Understanding: #4 in the *Helping* Series ... **#2015** Hope and Expectations

The FELLOWSHIP

#5006 A Look Inside the FA Fellowship ... **#5010** The Twelve Traditions in Action ... **#7012** FA Fact Sheet

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GIFTS

#1025 Gifts of the Spirit ... **#1034** The Gift of Awareness ... **#2011** The Twelve Promises of Families Anonymous ... **#2016** The Broken Vase ... **#5010** The Twelve Traditions in Action

GRANDPARENTS

#1031 Grandparenting in Families with Addiction: A Mindful Act of Hope and Love

GRIEF

#1027 Through Grief to Growth...The FA Way ... **#1035** Bereavement, Healing & Hope: Heartfelt Stories from Parents Who Have Lost a Child to Addiction

LAUGHTER

#1032 A Funny Thing Happened on the Way to Recovery: The Humor We Encounter in Families Anonymous

MEETINGS

#1001 The Families Anonymous Basic Pamphlet ... **#1032** A Funny Thing Happened On the Way to Recovery: The Humor We Encounter in Families Anonymous ... **#5001** FA Tools of Recovery: A Handbook for Members ... **#5002** Group Inventory ... **#5003** Suggested Meeting Format with Basic Readings ... **#5008** Anonymity ... **#5009** Crosstalk ... **#5010** The Twelve Traditions in Action ... **#5011** Growing Your FA Group: A Tip List for New and Established Groups ... **#5012** My Part in the Group ... **#5013** Avoiding Four Destructive Forces ... **#6005** A New Door Opens ... **#7001** Meeting Announcement ... **#7002** Bulletin Board Card ... **#7016** Introduction & Welcome to an FA Meeting

Carrying the MESSAGE

#2006 I Am Responsible ... **#5010** The Twelve Traditions in Action ... **#6004** Do You Need FA? ... **#6005** A New Door Opens ... **#7001** Meeting Announcement ... **#7002** Bulletin Board Card ... **#7003** Families Anonymous—For Me? ... **#7007** Spread the Word About Families Anonymous ... **#7009** Are You Torn Apart? ... **#7010** FA and the Professional Community ... **#7012** FA Fact Sheet ... **#7014** Are You at Your Wits' End? ... **#7016** Introduction & Welcome to an FA Meeting ... **#9004** Mini PI Folder

NEW GROUPS

#5010 The Twelve Traditions in Action ... **#5011** Growing Your FA Group: A Tip List for New and Established Groups ... **#8001** Full Literature Pack ... **#8003** Starter Kit ... **#8004** Starting a New FA Group

NEW MEMBERS

#6001 Letter to the Newcomer ... **#6002** WELCOME! ... **#6003** To the Concerned Family Member or Friend ... **#6004** Do You Need FA? ... **#6005** A New Door Opens ... **#6006** Greeter/Contact Card ... **#7003** Families Anonymous—For Me?

READINGS & MEDITATIONS

#1001 The Families Anonymous Basic Pamphlet ... **#1004** The Twelve Steps of Families Anonymous ... **#1015** Today A Better Way (TABW)

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Facing REALITY

#1002 A Guide for Families Struggling with Substance Use Disorder ... **#1003** A Father Faces the Family Disease of Addiction ...
#1013 Our Son Is in Recovery and Coming Home: One Family's Story ... **#1021** "But She's Too Young! (Isn't She?)": One Mother's
 Story ... **#1030** Dealing with Denial: From Denial to Acceptance ... **#1036** Understanding and Releasing GUILT ... **#1037** Keeping
 What's Mine & Letting Go of What's Not ... **#1038** Humility: An Essential Key to Our Recovery ... **#1039** Changing Our Attitudes,
 Changing Ourselves ... **#2003-3** Contempt to Respect: #3 in the *Helping* Series ... **#2007** An Open Letter to My Family

SERVICE

#1020 Families Anonymous and Sponsorship ... **#5001** FA Tools of Recovery: A Handbook for Members ... **#5002** Group Inventory
 ... **#5010** The Twelve Traditions in Action ... **#5012** My Part in the Group

The SLOGANS

#1033 The Three Cs x 2 ... **#1033X** The Three Cs x 2: One-page excerpt ... **#2002** Just for Today ... **#2003-5** Manipulation to Release
 With Love: #5 in the *Helping* Series ... **#2012** Letting Go, Letting Grow ... **#2018** One Day at a Time ... **#5001** FA Tools of Recovery:
 A Handbook for Members

SPEAKING & BEING

#1026 What Do I Say? ... **#1039** Changing Our Attitudes, Changing Ourselves ... **#2003** Helping ... **#2003-1** Negatives to Positives:
 #1 in the *Helping* Series

SPIRITUAL Healing

#1036 Understanding and Releasing GUILT ... **#1038** Humility: An Essential Key to Our Recovery ... **#2003-2** Fear to Faith: #2 in
 the *Helping* Series ... **#2003-4** Hostility to Understanding: #4 in the *Helping* Series ... **#2008** The Serenity Prayer (card) ... **#2019**
 Prayer to a Higher Power ... **#3002** Let Go and Let God ... **#3003** The Serenity Prayer (parchment) ... **#3051** Serenity Medallion

SPONSORSHIP

#1020 Families Anonymous and Sponsorship ... **#5001** FA Tools of Recovery: A Handbook for Members ... **#5010** The Twelve
 Traditions in Action

The STEPS

#1004 The Twelve Steps of Families Anonymous ... **#1006** Fourth Step Workbook ... **#1019** The Twelve Step Workbook ... **#1024**
 Families in Crisis ... **#2014** Families Anonymous Twelve Steps and Twelve Traditions ... **#5001** FA Tools of Recovery: A Handbook
 for Members

TOUGH LOVE

#1004 The Twelve Steps of Families Anonymous ... **#1024** Families in Crisis: How FA Can Help ... **#1037** Keeping What's Mine &
 Letting Go of What's Not ... **#2003** Helping ... **#2003-3** Contempt to Respect: #3 in the *Helping* Series ... **#2003-5** Manipulation to
 Release With Love: #5 in the *Helping* Series ... **#2012** Letting Go, Letting Grow ... **#2017** Practicing *Tough Love*

The TRADITIONS

#2014 Families Anonymous Twelve Steps and Twelve Traditions ... **#5001** FA Tools of Recovery: A Handbook for Members ...
#5002 Group Inventory ... **#5010** The Twelve Traditions in Action ... **#5012** My Part in the Group

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II. ENGLISH-LANGUAGE LITERATURE

SPOTLIGHT!

... on the FA Website!

- Find answers to your frequently asked questions
- Locate an in-person meeting near you, or join a meeting online or by phone
- Shop online for FA literature, or download it for free
- Check out our e-resources library of Spanish and English titles
- Read recent and past issues of the FA newsletter, the *Serenity Messenger*, and sign up to receive new issues as they are published
- Search for ways to support the financial health of the fellowship through single-event donations, recurring donations, legacy donations, and group donations
- Learn how to give back to the fellowship through service in your group, intergroup, national service board, or World Service Board

Booklets, Books & Pamphlets

#1001 The Families Anonymous Basic Pamphlet. Every member's first pamphlet. Contains all of FA's basic readings (including the Twelve Steps and the Twelve Traditions) to be read aloud at every meeting. **\$2.00**

#1002 A Guide for Families Struggling with Substance Use Disorder. [FORMERLY: A GUIDE FOR THE FAMILY OF THE DRUG ABUSER.] An in-depth look at substance use disorder as a family illness and how to work toward recovery. **\$3.00**

#1003 A Father Faces the Family Disease of Addiction. How one father, inspired by the *Helping* reading, worked the FA program, overcame his desperation, and achieved family love and respect. **\$3.00**

#1004 The Twelve Steps of Families Anonymous. A guide to basic FA principles as applied to specific personal and family problems. **\$4.00**

- **#1004-AU The Twelve Steps of Families Anonymous. – AUDIO Edition.** Listen on the go! Simply plug this flash drive into a USB port on your computer, laptop, tablet, or car radio. **\$15.00**

#1005 Alternative to Enabling: The Tough Love of Families Anonymous. The study of FA's concept of *tough love*. Discusses guilt, anger, and unhelpful protection. **\$4.00**

#1006 Fourth Step Workbook. A how-to guide for taking your personal inventory. Contains the full Step Four portion of #1019, including the #1004 discussion of Step Four. **\$4.00**

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#1012 No More Expectations! A mother describes how working and living the FA program enabled her to give up her old expectations of herself, her family, and her Higher Power. **\$.80**

#1013 Our Son Is in Recovery and Coming Home: One Family's Story. [FORMERLY: A RECOVERING ADDICT COMES HOME] How parents of a young-adult son—sober, clean, and working on his own recovery—used the FA program to welcome him home, recognize and accept how they and he had changed, and refrain from trying to control, protect or anticipate. **\$.80**

#1015 Today A Better Way (TABW). FA's member-written "daily thought" book; fully indexed, beautiful red cover, gold foil-stamped design, hard cover, 400 pages. **\$13.00**

#1015-E Today A Better Way – e-book Edition. Electronic edition, with interactive table of contents and interactive index. Choose from two formats:

- **#1015-EK Today A Better Way e-book for Kindle.** Available for purchase through the Kindle Store. **\$9.99**
- **#1015-EP Today A Better Way e-book for iPad, iPhone, iPod, and Nook.** Available for purchase through the iTunes Store and the Nook Store. **\$9.99**

#1019 The Twelve Step Workbook. Personal workbook of writing exercises for Twelve Step recovery. Includes the full text of #1004. **\$12.00**

#1020 Families Anonymous and Sponsorship. The ins and outs of sponsorship, including descriptions of the sponsor and sponsee roles. **\$3.00**

SPOTLIGHT!

#1021 "But She's Too Young! (Isn't She?): One Mother's Story. A mother's story of her daughter's alcohol use disorder and how the family recovered. **REVISED AND UPDATED! (10/2024) \$2.00**

#1024 Families in Crisis: How FA Can Help. As our loved ones grow more enmeshed in their substance use disorder, they assume drastically different values, moods, behaviors, and friends, all of which cause serious disturbances and dysfunction within our families. Without awareness, we can quickly become unwitting participants in their destructive actions. Now, aided by the wisdom found in *Families in Crisis*, we can choose self-change and refocus our priorities on helping ourselves, improving the dynamics within our family, and getting out of the way of our loved one's recovery. We can turn a crisis into an opportunity for growth. **\$4.00.**

#1025 Gifts of the Spirit. A guide for recognizing FA's gifts of love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control. **\$4.00**

#1026 What Do I Say?: A Helpful Guide for Difficult Phone Conversations. Dreading a tough phone call? Here is a collection of suggested responses to use when you find yourself in difficult conversations with your loved one. **\$4.00**

#1027 Through Grief to Growth...The FA Way. Enlightening information and personal stories of grief and recovery from losses due to the addiction or death of a loved one. **\$5.00**

#1028 Setting Boundaries: A Very Loving Thing to Do. Need help with establishing and maintaining boundaries? Get valuable insights from this informative booklet. **\$4.00**

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#1029 Tough Love—for Whom?: A Message About Change. Insight into the real meaning of *tough love* and the benefits of change. **\$2.00**

#1030 Dealing with Denial: From Denial to Acceptance. Aids in defining, recognizing, and resolving denial, replacing denial with acceptance, and reaping the rewards that this new mindset can bring. **\$2.00**

#1031 Grandparenting in Families with Addiction: A Mindful Act of Hope and Love. Whether you're a grandparent or parent, counselor or legal advocate, social worker or educator, health provider or clergy person, or simply an existing or potential FA member, *Grandparenting* is a must-read and must-study. It won't tell you *what* to do; instead, it will give you tools—wisdom, hope and personal experiences—to guide you through the process of making decisions that are best for you. **\$5.00**

#1032 A Funny Thing Happened on the Way to Recovery: The Humor We Encounter in Families Anonymous. Humorous stories and witticisms describing the absurdities of our family situations and the invaluable role of laughter in guiding us back to sanity and serenity. **\$4.00**

#1033 The Three Cs x 2: The Three Cs of Substance Use Disorder & The Three Cs of Our Recovery from Codependency. An exploration of the well-known Three Cs—we didn't cause it; we can't control it; we can't cure it—followed by FA's own, all-new Three Cs—we make different choices; we make changes in ourselves; we have courage to commit fully to our recovery. **\$2.00**

▪ **#1033X** is a one-page excerpt giving an overview of the more-detailed #1033. *Available only as a free download on the FA website.**

#1034 The Gift of Awareness: A Tool of Recovery in Families Anonymous. An inspirational guide for studying FA's Twelve Steps. Learn how the gift of awareness can open your mind and heart, improve your relationships with family and friends, and move you forward on your path of recovery. **\$3.00**

#1035 Bereavement, Healing & Hope: Heartfelt Stories from Parents Who Have Lost a Child to Addiction. Finding our way through the ultimate grief to a place of acceptance and serenity. **\$4.00**

#1036 Understanding and Releasing GUILT. Guilt is one of the most painful, destructive, self-defeating of our human emotions and is extremely common within families dealing with substance use disorder. In this valuable book, you will discover the mistaken patterns of thinking that fuel our feelings of guilt—and learn how, through the wisdom of the FA program, you can let go of those old patterns and adopt new ones that will lead you out of the depths of this emotion and onto a path toward serenity and recovery. **NEW!** (10/2023) **\$4.00**

#1037 Keeping What's Mine & Letting Go of What's Not. Differentiate between what truly belongs to us, both emotionally and spiritually—our attitudes, boundaries, hopes, purpose in life, etc.—and what rightfully belongs to someone else. Learn how we can keep ourselves safe and sane while getting out of the way of our addicted loved ones' recovery. **NEW!** (1/2024) *Available only as a free download on the FA website.**

#1038 Humility: An Essential Key to Our Recovery. Practicing humility enhances recovery and opens the door to self-awareness and self-trust. With humility, we can quiet our mind-centered ego and let go of any misguided claims of superiority that are driving a wedge between us and others. Humility unlocks our path forward, bringing acceptance, peace and serenity. **NEW!** (6/2024) **\$3.00**

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SPOTLIGHT!

#1039 Changing Our Attitudes, Changing Ourselves. Changing ourselves is fraught with many obstacles. Among them are ingrained attitudes, built up over a lifetime. In the first part of this publication, we assess our attitudes: where they come from and where they are leading us; which are keeping us stuck in our old ways; which are hurting (rather than helping) us and our loved ones. The second part presents a roadmap for changing ourselves by changing those attitudes that are getting in our way. It takes us beyond just the *idea of change* (“talking the talk”) and to a place where we experience *actual change* (“walking the walk”). **NEW!** (3/2025) **\$4.00**

#2003 Helping. [See entry under *Sheets, Cards and Bookmarks.*]

#2003-1 Negatives to Positives: #1 in the Helping Series. The first in this series of supplements to the “Helping” reading (#2003). **\$2.00** Also see #2003HC.

#2003-2 Fear to Faith: #2 in the Helping Series. The second in this series of supplements to the “Helping” reading (#2003). **\$3.00** Also see #2003HC.

#2003-3 Contempt to Respect: #3 in the Helping Series. The third in this series of supplements to the “Helping” reading (#2003). **\$3.00** Also see #2003HC.

#2003-4 Hostility to Understanding: #4 in the Helping Series. The fourth in this series of supplements to the “Helping” reading (#2003). **\$3.50** Also see #2003HC.

#2003-5 Manipulation to Release With Love: #5 in the Helping Series. The fifth in this series of supplements to the “Helping” reading (#2003). **\$3.00** Also see #2003HC.

2003HC The Helping Collection. Receive the entire *Helping* series—#2003-1, #2003-2, #2003-3, #2003-4 and #2003-5—plus the laminated #2003 *Helping* bookmark at a special “bundle” price. **\$13.25**

Sheets, Cards & Bookmarks

(B)=Bookmark (C)=Card (L)=Laminated (SH)=Sheet

#2000BC The Bookmark Collections. Collections of selected bookmarks at special “bundle” prices.

#2000BC-1 Basic Fundamentals Bookmark Collection – includes #2001, #2003, #2004, #2007, #2018. **\$2.80**

#2000BC-2 Changing Ourselves Bookmark Collection – includes #2012, #2014, #2015, #2017, #2019. **\$2.80**

#2000BC-3 Recovery & Maintenance Bookmark Collection – includes #2002, #2006, #2008, #2011, #2013. **\$3.60**

#2001 FA’s Do’s and Don’ts. A handy reminder of what to do and not do to keep your recovery strong. **(B) \$0.50**

#2002 Just for Today. Suggestions for coping “one day at a time.” **(B) \$0.50**

#2003 Helping. A concise guide for helping yourself and those you love. **(BL) \$1.00** Also see #2003HC.

#2003-1 & #2003-2 & #2003-3 & #2003-4 & #2003-5 See the listing for these items under “Booklets, Books and Pamphlets.”

#2004 Families Anonymous and Me. Suggestions for successfully relating to a loved one who has substance use disorder. Companion piece to #1005. **(B) \$0.50**

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#2006 I Am Responsible. Working the Twelfth Step in a personal way. **(B) \$.50**

#2007 An Open Letter to My Family. A poignant message to family members about how they can avoid standing in the way of their loved one's recovery. **(SH) \$.50***

#2008 The Serenity Prayer. Hand a card of encouragement to someone in need. **(C) 10 cards for \$2.50**

#2010 [see #5003-2]

#2011 The Twelve Promises of Families Anonymous. Describes the benefits of working the FA program. **(B) \$.50**

#2012 Letting Go, Letting Grow. Letting go and giving loved ones the freedom to make their own choices. **(BL) \$1.00**

#2013 Families Anonymous Recovery Checklist. Use this tool to assess your recovery. Positive statements begin: "I know I am in recovery because...." **(B) \$.50**

#2014 Families Anonymous Twelve Steps and Twelve Traditions. A quick-reference list of FA's Steps and Traditions in a handy, easy-to-carry format. **(B) \$.50**

#2015 Hope and Expectations. An inspiring depiction of the difference between hope, which fosters compassion, and expectations, which give rise to hurt, anger and resentment. **(BL) \$1.00**

#2016 & #2016S The Broken Vase. Seeing our imperfections as sources of courage, beauty, serenity and peace. Bilingual (English & Spanish). Available *only as a free download on the FA website.**

#2017 Practicing Tough Love. Twelve statements for keeping love alive while helping us protect ourselves and restore sanity to our lives. (Excerpted from #1005 *Alternative to Enabling: The Tough Love of Families Anonymous.*) **(B) \$.50**

#2018 One Day at a Time. Expanded, gender-neutral adaptation of this favorite reading. **(B) \$.50**

#2019 Prayer to a Higher Power. Expanded, gender-neutral adaptation of this traditional FA prayer. **(B) \$.50**

Other

#3002 Let Go and Let God. (parchment) A well-known recovery prayer. **\$.50**

#3003 The Serenity Prayer. (parchment) A well-known recovery prayer. **\$.50**

#3051-A Serenity Medallion with Serenity Prayer Card. The Serenity Medallion (#3051) is a perfect gift for anyone in any Twelve Step program. Hang it on a keychain, wear it as a pendant, or carry it in a pocket or purse. Included with the medallion is a Serenity Prayer card (#2008) imprinted with FA's name and logo. **\$7.95**

Group Materials

#5001 FA Tools of Recovery: A Handbook for Members. A guide for groups and members to help them work the program and grow. **\$10.00**

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#5002 Group Inventory. A tool to assess group progress and individual participation. Poses questions related to group conscience, meeting preparation, meeting content, outreach, and business meetings. Now for virtual meetings and hybrid meetings as well as traditional in-person meetings. *Available **only** as a free download on the FA website.**

#5003 Suggested Meeting Format with Basic Readings. Essential for leading any FA meeting, whether in-person, virtual or hybrid. Includes a completely revised Suggested Meeting Format, the optional Introduction, the five Basic Readings that are repeated at the start of each meeting, and tips for passing the basket. (See also #1001 The Families Anonymous Basic Pamphlet.) *Updates the prior #5003, and replaces #5003V for virtual meetings. \$2.00**

#5003-2 About Substance Use Disorder. [formerly #2010] An FA basic reading about the illness of drug abuse, drug dependence and addiction and what we can do to help both ourselves and the situation. *Available **only** as a free download on the FA website.**

#5006 A Look Inside the FA Fellowship. How FA operates: the Board of Directors; the World Service Office; members, committees, groups, intergroups, and national service boards; sources of funding; and opportunities for service. *Available **only** as a free download on the FA website.**

#5008 Anonymity. (table tent for meetings) Defines *anonymity*. **\$1.00**

#5009 Crosstalk. (table tent for meetings) Defines *crosstalk*. **\$1.00**

#5010 The Twelve Traditions in Action. An in-depth exploration of FA's Traditions and their fundamental importance in maintaining and growing our groups and the fellowship. A must-have guide for all FA groups and members. **\$12.00**

#5011 Growing Your FA Group: A Tip List for New and Established Groups. Helpful and concise tips for developing good group habits. Now for virtual meetings as well as in-person meetings. *Available **only** as a free download on the FA website.**

#5012 My Part in the Group. Self-evaluation for personal participation and behavior. Perfect for in-person, virtual or hybrid meetings. *Available **only** as a free download on the FA website.**

#5013 Avoiding Four Destructive Forces. How to recognize and avoid four destructive forces that can destroy a group. Includes answers to frequently asked questions and related resources for personal and group study. *Available **only** as a free download on the FA website.**

#5014 Five Faces of Anonymity. An in-depth study of FA's core principle of anonymity that is "the spiritual foundation of all our Traditions." Explore the many ways we nurture and protect the anonymity of all FA members, both within and outside our meetings, and thereby strengthen our fellowship, our groups, and our own personal recovery. **\$3.00**

#5015 Meeting Location Signs. Where is the FA meeting? Post any of these attractive signs to point the way: TO THE LEFT...TO THE RIGHT...UP THE STAIRS...DOWN THE STAIRS...USE THE ELEVATOR. *Available **only** as a free download on the FA website.**

Materials for New Members

#6001 Letter to the Newcomer. A welcome and introduction for a new member or visitor. **\$.50***

#6002 WELCOME! A folder for new members, with pockets for literature and notes. **\$1.00** *Suggested inserts (available separately) are #2007, #2011, #6001, #6003, #6004, #6005, and WSOF-04.*

#6003 To the Concerned Family Member or Friend. Initial contact letter from people who have been "through it." **\$.50***

* Also available as a free download on the FA website.

*See order form for shipping & handling charges. All literature sales are final.
 No refunds or exchanges except for materials damaged during shipment.
 Please contact the WSO within 30 days of invoice for details.*

Families Anonymous® World Service Board–Approved Literature Catalog

EFFECTIVE OCTOBER 10, 2025

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Website: www.FamiliesAnonymous.org
 E-mail: famanon@FamiliesAnonymous.org

#6004 Do You Need FA? This bookmark's "Twenty Questions" will help you decide if you need FA. **\$.50**

#6005 A New Door Opens. Welcome and encouragement for the new member. **\$.80**

#6006 Greeter/Contact Card. [FORMERLY: SPONSORSHIP CARD] Hand a card to someone in need or to a newcomer attending your meeting for the first time. Has a place for your first name and phone number. **10 cards for \$2.50**

Public Information Materials

#7001 Meeting Announcement. (8½"x11" tricolor poster) For public bulletin boards. Has space for local telephone number and meeting information. **\$.100**

#7002 Bulletin Board Card. (3½"x3¾") For public bulletin boards or to hand out. Has space for local telephone number. **10 cards for \$2.50**

#7003 Families Anonymous—For Me? Facts about FA. Ideal for all public-information purposes. Great for professionals to give to clients. Contains the "Twenty Questions." **\$.80***

#7004 [formerly #9004] Mini PI Folder. A presentation folder to hold public information materials. Includes a cover letter (printed on the folder) and a literature catalog (WSOF-04). **\$.100 Suggested inserts (available separately): #7003, #7009, one or more #7010 pamphlets, #7012, #7016.**

#7007 Spread the Word About Families Anonymous. Offers suggestions for increasing your community's awareness about FA. **\$3.00**

#7009 Are You Torn Apart? Explains to prospective new members the fellowship found within FA. **\$.80***

#7010 Families Anonymous and the Professional Community. Describes the value of the FA program to key professionals. Plus SEVEN PAMPHLETS to hand out to clergy, community leaders, educators, employers, health care providers, law enforcement personnel, and librarians. *Available only as free downloads on the FA website.**

#7012 FA Fact Sheet. Basic facts and figures about FA. **\$.50***

#7014 Are You at Your Wits' End? Helps you decide if FA is for you. **\$.80***

#7016 Introduction & Welcome to an FA Meeting. Explains what takes place at in-person, virtual and hybrid meetings. *Available only as a free download on the FA website.**

#9004 Mini PI Folder. [See #7004.]

Materials for New Groups

#8001 Full Literature Pack. Contains one copy of each literature piece except e-books and audio recordings. May be ordered by any FA member or group at any time. **\$95.00** [This is an \$80.60 savings over the total retail price of all items if purchased separately.]

* Also available as a free download on the FA website.

See order form for shipping & handling charges. All literature sales are final.
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#8003 Starter Kit. Basic materials needed to start a new group. Available at no charge from the WSO. Choose from two options: OPTION #1 – WSO sends all 18 items; you pay for shipping. OPTION #2 – WSO sends 3 items, and you download the remaining 15 items; shipping the 3 items is free.

SPOTLIGHT!

#8004 Starting a New FA Group. The who, what, where, when, why and how of getting a new group up and running. For in-person, virtual or hybrid meetings. Available **only** as a free download on the FA website.* **UPDATED & EXPANDED.** (1/2025)

Literature Bundles

#2000BC The Bookmark Collections.

Collections of Selected Bookmarks at Special “Bundle” Prices

[See individual bookmark descriptions at “Sheets, Cards & Bookmarks” above.]

#2000BC-1 Basic Fundamentals Bookmark Collection – includes #2001, #2003, #2004, #2007, #2018. **\$2.80**

#2000BC-2 Changing Ourselves Bookmark Collection – includes #2012, #2014, #2015, #2017, #2019. **\$2.80**

#2000BC-3 Recovery & Maintenance Bookmark Collection – includes #2002, #2006, #2008, #2011, #2013. **\$3.60**

#2003HC The Helping Collection.

Receive the entire *Helping* series—#2003-1, #2003-2, #2003-3, #2003-4 and #2003-5—plus the laminated #2003 *Helping* bookmark at a special “bundle” price. **\$13.25**

SPOTLIGHT!

#9005 The Gifts Collection. Celebrate the many gifts we derive from working the FA program: awareness and self-control, serenity and peace, love and joy, patience and generosity, kindness and faithfulness, gentleness and self-control. Rejoice in the wonders of recovery. Includes **#1025** Gifts of the Spirit, **#1034** The Gift of Awareness, and **#3051-A** Serenity Medallion with Serenity Prayer Card [See descriptions at individual listings.]. **A BRAND-NEW COLLECTION!** (10/2024) A \$14.95 value for just **\$13.45**

* Also available as a free download on the FA website.

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III. LITERATURA EN ESPAÑOL

¡Destacado!

... en el sitio Web de Familias Anónimas!

- Encuentre respuestas a sus preguntas más frecuentes
- Encuentre reuniones presenciales, cerca a usted, o únase a un grupo, en línea o por teléfono
- Compre la literatura de FA en la tienda web o descárguela de manera gratuita
- Consulte nuestra biblioteca de recursos electrónicos, con títulos en español e inglés
- Lea boletines informativos de FA, los recientes o los anteriores, del *Mensajero de Serenidad*
- Busque maneras de apoyar financieramente a la organización, a través de hacer donaciones: a un evento, recurrentes, por herencia y/o a un grupo
- Aprenda como servir de voluntario, o retribuir y ayudar a la organización, a través de dar ayudar en su grupo, a otros grupos, en la junta de servicio nacional o en la Junta de Servicio Mundial (WSO)

Folleto, libros y panfletos

#1001S El folleto básico de Familias Anónimas. El primer folleto para cada miembro. Contiene las lecturas básicas de FA (tales como los Doce Pasos y las Doce Tradiciones) para ser leídas en cada reunión. **\$2.00**

#1004S Los doce pasos de Familias Anónimas. Guía de los principios básicos de FA y su aplicación a problemas específicos, personales y familiares. **\$4.00**

¡Destacado!

#1012S ¡No más expectativas! Una madre describe cómo renunció a sus viejas expectativas sobre ella, su familia y su Poder Superior, a través de trabajar y vivir el programa de FA. *Disponible solamente como descarga gratuita en el sitio web de FA.* TRADUCCIÓN NUEVA.* (1/2025)

#1013S Un adicto en recuperación regresa a casa. La forma como un padre aplicó el programa de FA para manejar exitosamente el regreso a casa de su hijo después de su tratamiento de rehabilitación. **\$1.00**

#1015S Hoy un mejor camino. Una colección de reflexiones para cada día escritas por miembros de FA, con índice completo y presentada en un hermoso volumen con pasta dura roja, 400 páginas. **\$15.00**

- **#1015S-EK Hoy un mejor camino.** Libro electrónico para Kindle. Disponible para comprar en Tienda Kindle. **\$9.99**

* También puede descargarse del internet de forma gratuita en la página web de FA.

En la orden podrá ver los costos por envío y manejo. Toda venta de literatura es final. No se aceptan devoluciones, ni cambios, excepto en materiales dañados en el envío. Por favor contacte la WSO en los primeros 30 días de su compra para más detalles.

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- **#1015S-EP Hoy un mejor camino.** Libro electrónico para iPad, iPhone, iPod o Nook. Disponible para comprar en Tienda iTunes o Tienda Nook. **\$9.99**

#1019S Manual de los Doce Pasos. Manual de trabajo personal, de ejercicios escritos, para la recuperación con los Doce Pasos. También incluye el contenido completo de #1004S. **\$12.00**

#1028S Estableciendo límites ... un acto de amor. ¿Necesita ayuda estableciendo límites? ¡Encuentre valiosa iluminación en este folleto informativo! **\$4.00**

¡Destacado!

#1033XS Las tres Cs x 2: Un resumen. Las ya bien conocidas “Tres Cs de la Adicción” (ni la causas, ni la controlas, ni la curas) y las nuevas “Tres Cs de nuestra Recuperación” (elecciones [choices], cambios [changes], coraje [courage]). *Disponible solamente como descarga gratuita en el sitio web de FA.* * **TRADUCCIÓN NUEVA.** (1/2025)

¡Destacado!

#1037S Conservando lo que es mío y dejando ir lo que no lo es. Diferencie entre lo que verdaderamente nos pertenece, tanto emocional como espiritualmente: nuestras actitudes, límites, esperanzas, propósito de vida, etc. y lo que legítimamente le pertenece a otra persona. Aprenda como podemos mantenernos a salvo y cuerdos mientras nos apartamos del camino de la recuperación de nuestros seres queridos adictos. *Disponible solamente como descarga gratuita en el sitio web de FA.* * **TRADUCCIÓN NUEVA.** (7/2025)

Hojas, tarjetas y marcadores de libro

(F) folleto (H) hoja (L)=laminado (M) marcador de libro

#2000BCS Colección de marcadores de libro. Compre todos los marcadores de libro en español a un precio especial, por el paquete completo. **\$4.80**

#2001S Qué hacer y qué no hacer. Un recordatorio útil acerca de qué hacer y qué no hacer para mantener su recuperación fuerte. (M) **\$.50**

#2002S Solo por hoy. Sugerencias para afrontar “un día a la vez”. (M) **\$.50**

#2003S Cómo ayudar. Una de las lecturas básicas para ayudar a sí mismo(a) y/o a sus seres queridos. (M) **\$.50**

#2004S Familias Anónimas y yo. Doce puntos para ayudarnos a cambiar nuestras reacciones. (M) **\$.50**

¡Destacado!

#2007S Una carta abierta a mi familia. La perspectiva de un(a) adicto(a) sobre cómo evitar estorbar su recuperación. (H) *Disponible solamente como descarga gratuita en el sitio web de FA.* * **TRADUCCIÓN NUEVA.** (1/2025)

#2008S Oración de la serenidad. Entregue una tarjeta de ánimo a alguien que lo necesita. (H) **10 tarjetas por \$2.50**

* También puede descargarse del internet de forma gratuita en la página web de FA.

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¡Destacado!

#2011S Las doce promesas de Familias Anónimas. Describe los beneficios de trabajar el programa de FA. **(M)** Disponible solamente como descarga gratuita en el sitio web de FA.*
TRADUCCIÓN NUEVA. (6/2025)

#2012S Desprenderse, dejar crecer. Desprenderse y dar a nuestros seres queridos la libertad de hacer sus propias elecciones. **(M)** \$.50

¡Destacado!

#2016S & #2016 El jarrón dañado. Ver nuestras imperfecciones como fuentes de valor, hermosura, serenidad y paz. Bilingüe: español y inglés. Disponible solamente como descarga gratuita en el sitio web de FA.* **TRADUCCIÓN NUEVA.** 1/2025

Materiales para los grupos

¡Destacado!

#5003S Formato sugerido para las reuniones con las lecturas básicas. Esencial para liderar cualquier reunión de FA, ya sea en persona, virtual o híbrida. Incluye el formato sugerido completamente revisado, la introducción opcional, las cinco lecturas básicas de FA que se leen al comienzo de cada reunión y los tips para pasar la canasta. (Vea también #1001S El folleto básico de FA.) **Edita el anterior #5003S y reemplaza el #5003S para las reuniones virtuales.** (6/2025) **\$2.00***

#5008S El anonimato. Pancarta doblada para las reuniones. **\$1.00**

#5009S Crosstalk “conversación inapropiada”. Pancarta doblada para las reuniones. **\$1.00**

¡Destacado!

#5011S Creciendo su grupo de FA: Una lista de consejos para grupos nuevos y establecidos. Consejos útiles y concisos para desarrollar buenos hábitos de grupo. Ahora tanto para reuniones virtuales como presenciales. **Solamente como descarga gratuita en el sitio web de FA.*** **TRADUCCIÓN NUEVA.** 8/2025

Materiales para los miembros nuevos

¡Destacado!

#6001S Carta para el nuevo integrante. Una bienvenida e introducción para miembros nuevos o visitantes. Disponible solamente como descarga gratuita en el sitio web de FA.*
TRADUCCIÓN NUEVA. 1/2025

¡Destacado!

#6003S Carta para el miembro de familia o amigo preocupado. Carta inicial de personas que “han pasado por lo mismo”. Disponible solamente como descarga gratuita en el sitio web de FA.* **TRADUCCIÓN NUEVA.** 1/2025

#6004S ¿Necesitas FA? Contesta estas 20 preguntas claves para determinar si FA es para ti. **(M)** **\$.50**

* También puede descargarse del internet de forma gratuita en la página web de FA.

En la orden podrá ver los costos por envío y manejo. Toda venta de literatura es final. No se aceptan devoluciones, ni cambios, excepto en materiales dañados en el envío. Por favor contacte la WSO en los primeros 30 días de su compra para más detalles.

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#6005S Se abre una nueva puerta. Bienvenida y ánimo para el miembro nuevo. **\$.80**

Materiales con información pública

#7001S Anuncio de reuniones. (cartel tricolor, 8½"x11") Para tableros públicos. Incluye espacio para el teléfono local y detalles sobre las reuniones. **\$1.00**

#7003S Familias Anónimas – ¿Es para mí? Datos sobre FA. Información ideal para el público en general. Ideal para que los profesionales les den a sus clientes. Contiene las Doce Preguntas. **\$.80**

¡Destacado!

#7009S ¿Está usted desgarrado? Explica a la persona considerando a FA, el compañerismo que se encuentra en las juntas y en la filosofía de FA. *Disponible solamente como descarga gratuita en el sitio web de FA.* * **TRADUCCIÓN NUEVA.** 1/2025

¡Destacado!

#7010S Familias Anónimas y la comunidad profesional. Describe el valor del programa de FA a los profesionales claves. Incluye **OCHO FOLLETOS** para repartir a los bibliotecarios, educadores, empleadores, líderes comunitarios y religiosos, proveedores de servicios de salud y de salud conductual, y profesionales en el cumplimiento de la ley. *Disponible solamente como descarga gratuita en el sitio web de FA.* * **TRADUCCIÓN NUEVA.** 10/2025

¡Destacado!

#7012S Datos de Familias Anónimas. Datos básicos de FA. *Disponible solamente como descarga gratuita en el sitio web de FA.* * **TRADUCCIÓN NUEVA.** 1/2025

¡Destacado!

#7014S ¿Ha llegado a su límite? [ANTERIORMENTE:¿TE AGOTA LA DESESPERACIÓN?] Te ayuda en determinar si FA es para ti. *Disponible solamente como descarga gratuita en el sitio web de FA.* * **TRADUCCIÓN NUEVA.** 2/2025

¡Destacado!

#7016S Introducción y Bienvenida a una reunión de FA. Explica lo que sucede en las reuniones presenciales, virtuales e híbridas. *Solamente como descarga gratuita en el sitio web de FA.* * **TRADUCCIÓN NUEVA.** 7/2025

Materiales para los grupos nuevos

#8001S Paquete completo de literatura. [ANTERIORMENTE: PAQUETE PARA GRUPOS NUEVOS] Contiene una copia de cada pieza de literatura disponible en español (excepto libros electrónicos o grabaciones de audio). **Puede ordenarse en cualquier momento y por cualquier grupo. \$35.00** [Este es un ahorro de \$17.95 del valor total de todos los artículos, si se compran por separado.]

¡Destacado!

#8004S Comenzando un grupo nuevo de FA. Quién, cual, qué, dónde, cuándo, por qué y cómo hacer para crear y manejar un nuevo grupo. Para grupos presenciales o virtuales. *Disponible solamente como descarga gratuita en el sitio web de FA.* * **TRADUCCIÓN NUEVA.** 3/2025

* También puede descargarse del internet de forma gratuita en la página web de FA.

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IV.
Selected PPGs
(Policies, Procedures and Guidelines)
and WSOFs
(World Service Office Forms)

(These and other PPGs and WSOFs are available for free download from the FA website.)

World Service Board Policies, Procedures and Guidelines (PPGs):

- PPG-01 By-Laws of Families Anonymous, Inc.
- PPG-02 FA Electronic Mail Communications Policy
- PPG-04 FA International Policy
- PPG-05 FA Internet Policy
- PPG-06 FA Intellectual Property Policy and Limited License
- PPG-07 FA Literature Returns Policy
- PPG-10 FA Transparency and Governance Policy and Guidelines
- PPG-11 FA Transparency Procedures
- PPG-14 FA World Service Convention Policy
- PPG-15 FA Convention Guidelines
- PPG-16 FA Convention Emergency Preparedness and Sample Emergency Response Plan
- PPG-17 FA World Service Board Member Responsibilities and Guidelines
- PPG-19 FA Donations Policy

World Service Office Forms (WSOFs):

- WSOF-05 Hardcopy Literature Order Form
- WSOF-05i Instructions for Using the Hardcopy Literature Order Form
- WSOF-09 Supporting Your Fellowship
- WSOF-14 Group Secretary's Handbook
- WSOF-18 Secretary's and Treasurer's Meeting Record
- WSOF-22 Permission to Translate & Publish Form
- WSOF-23 New Group Registration Form
- WSOF-23i Hardcopy New Group Registration Form Instructions
- WSOF-24 Existing Group Registration Form
- WSOF-24i Hardcopy Existing Group Re-Registration/Change Form Instructions
- WSOF-25 Setting Up a Group Checking Account
- WSOF-26 Sponsorship Guidelines
- WSOF-31 World Service Convention Bid Consent Application Form
- WSOF-38 FA World Service Board of Directors Nomination Consent Form
- WSOF-45 Website Privacy Policy

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WSOF-04 – Effective October 10, 2025